

City of Central Point

# Recreation Guide

WINTER SPRING 2023

CLASSES • COMMUNITY EVENTS • PROGRAMS



FEBRUARY | MARCH | APRIL  
 APRIL | JANUARY | FEBRUARY  
 MARCH | APRIL | JANUARY



**PARKS**  
 & RECREATION

JANUARY | FEBRUARY | MARCH  
 MARCH | APRIL | JANUARY  
 FEBRUARY | MARCH | APRIL

# PARKS & RECREATION DEPARTMENT NEWS

The New Year is here and we are excited for what 2023 will bring! We have started feeling a sense of normal is back and it's been a great joy to welcome so many familiar faces to our programming and enjoy seeing all the families at our special events.

We have a variety of new classes this season and are thrilled to welcome new instructors to our team. We are happy to offer Cricut for Beginners with Cyndi Weeks, How to Achieve Healthy Finances with Alice Headley and a Cooking in Spanish class in partnership with La Clinica. Coming back again this season are new cookie decorating classes with Marne and one-day LEGO classes with our very own LEGO expert Misti King! We would hate to see any child miss out on our programming due to financial hardship; scholarships are available for those that qualify. Please email us at [parks@centralpointoregon.gov](mailto:parks@centralpointoregon.gov) for more information.

Our events are back and bigger than ever! Be ready to get out your Valentine cards for the senior residents of our Community Cupids event. We deliver over 1,400 Valentine cards and we need your help making them! We also have our annual Easter Eggstravaganza coming up on April 8th at Twin Creeks Park and we will have over 30,000 eggs for the event! We are excited to have Made in Southern Oregon on Saturday, May 13th on Pine Street, with the best vendors and creators in all of Southern Oregon. It's an event you won't want to miss!

Our staff has been busy working with our new projects, such as the Central Point Little League and the partnership on the new Community Center with Jackson County. We are hopeful to have more updates on these projects in the months to come.

As always we appreciate the community support with all of our programming and events. Without the partnerships from our community members and the support of our residents, we would not be able to do all that we do. We look forward to seeing all the familiar faces at our classes and special events throughout the new year.

*Central Point Parks & Recreation Dept.*

140 S. 3rd Street | Central Point, OR  
(541) 664-3321 ext 130  
[parks@centralpointoregon.gov](mailto:parks@centralpointoregon.gov)



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# How to Register for Classes

Registration is open to all Central Point residents and non-residents (anyone located outside of the 97502 zip code). Registration is accepted on a first come, first serve basis. **Register early; many classes fill quickly.**

**Classes may also be canceled if the minimum registration is not met.**

Participants will be notified via text message or email if a class is canceled or rescheduled.

 **Online: [www.centralpointoregon.gov/schedule](http://www.centralpointoregon.gov/schedule)**

You can browse program listings by activity and/or location, then register and pay online. To register online you'll need to have an account set up and then pay with Visa or MasterCard. To set up an account, click "Log In/Create Account". When adding your phone number, please include your provider so that we can text you with class information, i.e. cancellations, location changes, etc.

 **By Phone: 541.664.3321 ext 130**

You can call the Parks and Recreation Department Monday - Friday from 8:30am - 4:30pm to help you set up an account and register for recreation classes. Have the class name(s), date(s), and your Visa or MasterCard number ready to go.

**Central Point Parks & Recreation | 140 S. 3rd St. Central Point | [parks@centralpointoregon.gov](mailto:parks@centralpointoregon.gov) | 541.664.3321 ext 130**

## Central Point Parks & Recreation Commission

### Meeting Schedule

The Parks and Recreation Commission advises the City Council on matters relating to parks and recreation activities. There are seven members on this commission and they meet on a quarterly basis. Please call ahead to see if the meeting will be held in-person or online, depending on current COVID-19 guidelines.

**City Council Chambers**  
140 S. 3rd Street | First Floor  
Thursdays at 6:00pm  
**Feb. 16, May 18**  
**Aug. 17, Nov. 2**

Please contact the Parks and Recreation Department to confirm meeting dates.

**541.664.3321 ext 130**



## City of Central Point Administrative Boards

### City Manager

Chris Clayton

### Parks & Recreation Staff

Matt Samitore  
*Director*

Doug Norman  
*Public Works Supervisor*

Dave Jacob  
*Parks Planner*

Nikki Petersen  
*Recreation Manager*

Elizabeth Blodgett  
*Special Events & Marketing*

Margarita Esparza & Lara Caldwell  
*Recreation Specialist*

### Parks Maintenance Staff

Corey Qualls  
Mitchell Reagles  
Tib Murillo

### Parks & Recreation Commission

Patricia Alvarez, Chair  
Lee Orr, Vice Chair  
Dennis Browning  
Fran Cordeiro-Settell  
Steph Hendrickson  
Ron Woodhead  
Eden Foster

## Central Point City Council

**Mayor**  
Hank Williams

**Ward I**  
Neil Olsen

**Ward II**  
Kelley Johnson

**Ward III**  
Melody Thueson

**Ward IV**  
Tanea Browning

**At-Large**  
Mike Parsons

**At-Large**  
Rob Hernandez



# Central Point Parks Map

@greenparkscp



EGG HUNT AT 11AM SHARP! BRING YOUR OWN BASKET!

FREE  
Event



City of Central Point

# EGGSTRAVAGANZA

Saturday April 8th

Twin Creeks Park | 10am-12pm

EGG HUNT 11AM | EASTER BUNNY PHOTOS | GAMES & PRIZES



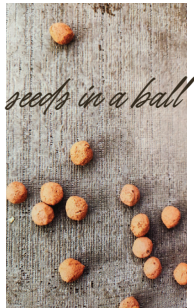
**DIRT**

Direct Involvement Recreation Teaching  
Learn by Doing...and Grow!



# Gather & Make

Explore and discover all the beauty and abundance nature has to provide when we care for the land.



free of charge | open to all ages | designed to build community

SATURDAYS 1 PM | JAN 28 | FEB 25 | MAR 25

4588 N Pacific Hwy Central Point  
mydirtpark.org



The City of Central Point Presents

CENTRAL POINT CHAMBER PARKS & RECREATION

BE MY VALENTINE

# Community CUPIDS

Help us spread some love this season by making Valentine's Day cards for our senior residents. Drop off your cards to City Hall by February 6th.

[www.centralpointoregon.gov/communitycupids](http://www.centralpointoregon.gov/communitycupids)



CENTRAL POINT BRANCH LIBRARY & CENTRAL POINT PARKS & REC

# Bilingual Storywalk®



Stroll through Central Point's beautiful parks on a StoryWalk. As you make your way through the park, you will read along with an illustrated children's book, displayed page by page! A StoryWalk is a great way to combine fresh air, movement, and early reading skills.

Ande por los parques preciosos de Central Point en un StoryWalk. Mientras pasando por el parque habra un libro para niños ilustrado, jexhibido página por página! Un StoryWalk es una actividad divertida que combina el aire fresco, movimiento, y aptitudes de alfabetización temprana.



Feb. 7th - 21st | William Mott Memorial Park  
2190 Jeremy St, Central Point

Mar. 14th - 28th | Bohnert Park  
525 Stone Pointe Dr, Central Point

The Central Point Chamber invites you to our  
50th Annual

# Denim + Diamonds

FEBRUARY 17TH, 2023  
AWARDS BANQUET & AUCTION  
BEGINS AT 5:30PM

TO PURCHASE  
TICKETS

[CENTRALPOINTCHAMBER.ORG](http://CENTRALPOINTCHAMBER.ORG)

VISIT OUR  
WEBSITE

Olstrud Arena, Jackson County Expo  
1 Peninger Rd, Central Point



Save the Date

*Made in Southern Oregon*

05.13.2023

Vendor Space Available  
[www.centralpointoregon.gov/madeinsouthernoregon](http://www.centralpointoregon.gov/madeinsouthernoregon)



# A Special Thanks TO OUR DONORS!

MATT EPSTEIN

PATSY PETERS

BARBARA CARLETON

JANICE BETTENBURG

AMY FOSTER

SHOOTING STAR NURSERY

DR. PATRICK AND KATY DEVOL

DAVID GREMMELS

LUCIA SMITH

GAJOG TAEKWONDO

PAT ARCHAMBAULT

MICHELLE WICKHAM

CENTRAL POINT GARDEN CLUB

ELIZABETH AND LOREN CLOSE

MARTINA WEARSTLER

HERB AND SUSAN FARBER

EDEN FOSTER

NINER EMPIRE SOUTHERN OREGON

PEOPLE'S BANK

GRANGE CO-OP

LOWE'S

HOME DEPOT

FIDELITY QUICK PRINT

TWIN CREEKS RETIREMENT

TABLE ROCK KIWANIS CLUB

For more information about this project or the Foundation, contact Dave Jacob, Park Planner, at 541-423-1012 or [dave.jacob@centralpointoregon.gov](mailto:dave.jacob@centralpointoregon.gov).

## The Daffodil Project a Great Success!

The inaugural year of the Plant a Thousand Daffodils project, a partnership between the Central Point Parks and Recreation Foundation and the Parks Department, was a resounding success! Rain and rock-hard soil didn't deter more than 130 volunteers from planting 1,770 daffodil bulbs in three public parks and two public areas. Several hundred more bulbs were purchased by businesses and individuals and planted on private property.

Central Point and other valley businesses displayed their generosity and community spirit by donating funds and supplies to the program. The Grange Co-Op contributed \$500 in seed money, both Lowe's and Home Depot contributed bulbs and tools, and many other businesses and individuals contributed funds or purchased bulbs for their own landscaping. In all, approximately \$2,000 was raised for the project with more than half of that benefiting the Central Point Parks and Recreation Foundation.

This spring we look forward to seeing daffodils blooming throughout our city. To celebrate, we will hold two contests: a

poetry contest for elementary students and an art contest for middle and high school students. Prizes for the poetry contest have been generously sponsored by the Central Point Friends of the Library, and prizes for the art contest will be sponsored by another local organization. Winning entries for both contests will be displayed in Central Point City Hall and printed in the next recreation guide.

The Parks and Recreation department will create a map to guide all interested parties to the blooms this spring. Signs recognizing donors who contributed \$100 or more will be scattered throughout the planting beds and a "treasure hunt" activity will reward participants with prizes provided by the department.

Jayne Garland and Eden Foster, volunteer co-chairs of the project and foundation board members, want to express their appreciation and gratitude to the many volunteers and contributors who have made this program such a tremendous success. They look forward to seeing the blooming daffodils adding cheer to our wonderful city and to planting even more daffodil bulbs next fall.





# Park Updates

## DENNIS RICHARDSON MEMORIAL NEARS COMPLETION



After years of planning and months of work, the construction of the Dennis Richardson Memorial is nearly complete. We had hoped to dedicate the facility this Veterans Day but due to the delayed delivery of the water feature, it was decided to hold off. The Richardson Memorial celebrates the life of long-time Central Point resident, Dennis Richardson. Mr. Richardson served in the military as helicopter pilot during the Vietnam War. He also served on the Central Point City Council; was a six term legislator in the Oregon House of Representatives; ran for governor in 2014; and, finally, was elected as Oregon's Secretary of State in 2014.

Following his death in 2019, there was strong community support to honor his life of service and a design for the memorial located next to the Oregon Fallen War Heroes Memorial was approved by the Central Point City Council. The memorial will provide a place for quiet contemplation and is located at Don Jones Memorial Park next to the Oregon Fallen War Heroes Memorial.

Mr. Richardson was also the catalyst for the construction of the Oregon Fallen War Heroes Memorial. The memorial was completed and dedicated on Memorial Day 2013. Its purpose is to commemorate all those Oregonians who gave their lives in service to their country from the Civil War through Operation Enduring Freedom in Afghanistan. The restoration of the memorial includes replacing all landscaping, adding new lighting, and creating an area to hold Veteran's Day & Memorial Day ceremonies.

With the delays, the City is now planning to dedicate the Richardson Memorial next Memorial Day which falls on Monday, May 29th. Along with the dedication, we will also have the traditional Memorial Day events at the Oregon Fallen War Heroes Memorials. If you have questions or need additional information, contact Dave Jacob, Park Planner, at [dave.jacob@centralpointoregon.gov](mailto:dave.jacob@centralpointoregon.gov) or (541) 423-1012.

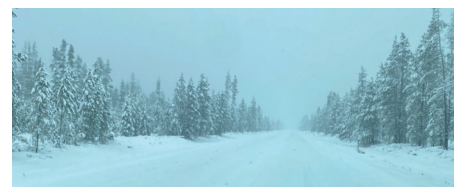
## DAFFODIL ART & POETRY COMPETITION

Plant a Thousand Daffodils announces two contests open to students in Central Point and surrounding communities. The theme for both is "Inspired by Daffodils," which can be interpreted broadly by the artist(s). The Poetry Contest is open to Elementary and pre-school-aged children and poems of any style will be accepted. Illustrations are welcome but not required. Up to two submissions per student will be accepted. Prizes will be awarded for each grade level and select entries will be published in the Parks and Recreation Guide and/or the City Newsletter. Deadline is Friday, April 7. The Art Contest is open to all Middle and High school students and cash prizes will be awarded for each grade level. All winning entries will be displayed in the Central Point City Hall. Art of any style will be accepted. Deadline is Friday, April 21st. A complete set of rules for both contests are available by scanning the QR code, below.



## NATIONAL RECREATION & PARKS CONFERENCE

In September, some of our Parks and Recreation Staff headed to Arizona to attend the National Recreation and Parks Association (NRPA) Annual Conference. At this conference, our staff attended many classes, presentations and met with some amazing people from all over the country. The field of Parks and Recreation is ever changing and giving our staff the ability to learn new skills, meet with some of the top professionals in our field is invaluable. We also had the great pleasure of hearing Temple Grandin spoke about overcoming diversity in her scientific work as well as showing perseverance with her academic career. We are very excited to start to implement many of the things we all learned at NRPA.



## OREGON RECREATION & PARKS CONFERENCE

In November, some of our staff attended ORPA, Oregon Recreation & Park Association Annual Conference. At this conference, our staff was able to brainstorm and learn from many other agencies in our state and get updates about changes to our profession in the state of Oregon. We learned how other agencies have been able to bounce back after the COVID shutdowns and how many agencies changed for the better. Our staff had a great time, despite being stuck in a snowstorm on the way home!

# YOUTH PROGRAMS

## BEGINNER'S GUIDE: STAYING HOME ALONE

Ages 9 to 13

Staying home alone is nothing like the movies. Parents don't worry, we don't anticipate your child will have to launch a full scale battle against two robbers while you are out. But, in the great words of Kevin MacCallister "This is my house, I have to defend it". Join City of Central Point staff for fun, practical ways to feel confident and take charge while staying home alone. Your child will learn what to do in an emergency and basic first aid skills from our certified Safety manager. And most importantly, our certified Snack Experts will bring some fun & yummy spins on traditional snacks your kids will love!

**INSTRUCTORS:** CP Parks & Rec Staff  
**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.  
**TIME:** 5:00pm - 6:00pm  
**S1:** February 23rd | Thursday | \$5.00  
**S2:** March 15th | Wednesday | \$5.00  
**S3:** April 26th | Wednesday | \$5.00



## LEGOTASTIC SPRING BREAK CAMP!

Ages 6 to 12

It is time for a LEGOtastic Spring Break! Join us as we build, design and create all things LEGO! We will even watch episodes of LEGO Masters. All supplies are provided and all LEGO designs will have to stay at camp, but pictures will be brought home. Bring a lunch, water bottle and a smile.

**INSTRUCTORS:** CP Parks & Rec Staff  
**LOCATION:** REC A Classroom | 405 S. 4th St.  
**TIME:** 8:30am - 4:30pm  
**S1:** Mar. 27th - Mar. 31st | M - F | \$160.00

## ALL ABOUT DINOSAURS **NEW!**

Ages 6 to 12

Come explore the fun of dinosaur digging and experience history in the making! Create dino digs, explore different types of Dino's. All supplies are included, just bring a water bottle and a smile.

**INSTRUCTOR:** CP Parks & Rec Staff  
**LOCATION:** REC A Classroom | 405 S. 4th St.  
**TIME:** 9:00am - 2:00pm  
**S1:** February 4th | Saturday | \$38.00

## LEGO DAY CAMP **NEW!**

Ages 6 to 12

Take a break from school and come build LEGOS with us! We will have a whole day filled with LEGO fun; we will have building challenges, time for free build and watch an episode of LEGO Masters! All LEGOS will be provided, but all builds must be left at camp. Please bring a lunch, water bottle and a smile.

**INSTRUCTORS:** CP Parks & Rec Staff  
**LOCATION:** REC A Classroom | 405 S. 4th St.  
**TIME:** 8:30am - 4:30pm  
**S1:** February 20th | Monday | \$50.00

## BEAD DESIGN **NEW!**

Ages 6 to 12

Come have fun with us as we create your very own work of art with these colorful beads. Let your mind go & create amazing designs. All supplies are included, just bring a water bottle and a smile.

**INSTRUCTOR:** CP Parks & Rec Staff  
**LOCATION:** REC A Classroom | 405 S. 4th St.  
**TIME:** 9:00am - 12:00pm  
**S1:** April 8th | Saturday | \$28.00



## EARTH DAY CRAFTS **NEW!**

Ages 6 to 12

Let's get down to earth. Enjoy a fun day of making crafts with nature items and learning all about our Earth! Things could get a little messy, so please dress accordingly. All supplies provided!

**INSTRUCTOR:** CP Parks & Rec Staff  
**LOCATION:** REC A Classroom | 405 S. 4th St.  
**TIME:** 9:00am - 12:00pm  
**S1:** April 22nd | Saturday | \$28.00



## I CAN PLAY GUITAR WITH ROGUE MUSIC

Ages 7 to 14

Learn the fundamentals of guitar in a fun, low-pressure environment! Students will learn the most common guitar chords and rhythms and how to play their favorite songs. This class is intended for aspiring musicians aged 7-14 yrs, and is perfect for anyone who has never played guitar before or for students who have had trouble with traditional guitar lessons in the past. *If students already have a guitar they should bring it with them, if not a rental guitar will be provided. An adult with a valid driver's license can check out a free rental guitar at the first class if needed.*

**INSTRUCTOR:** Rogue Music Lessons  
**LOCATION:** REC A Classroom | 405 S. 4th St.  
**TIME:** 5:15pm - 6:00pm  
**S1:** Feb. 7th - Feb. 28th | Tuesdays | \$65.00

## OREGON COAST SEA LIFE

Ages 3+

Oregon has one of the most diverse coastal ecosystems on the planet and now it's coming to YOU! Explore sea life using models and real specimens as we discuss the fish, plant, bird and mammal life along the Oregon Beaches. This program highlights sea shells, plant life, preserved animal life and features sea life coloring pages, real sea-shell souvenirs.

**INSTRUCTOR:** Bugs R Us

**LOCATION:** Skyrman Arboretum | 4588 N. Pacific Hwy.

**TIME:** 3:00pm - 4:00pm

**S1:** January 28th | Saturday | \$7.00



## S.T.E.M: BUILD AN LED NECKLACE

Ages 6 to 12

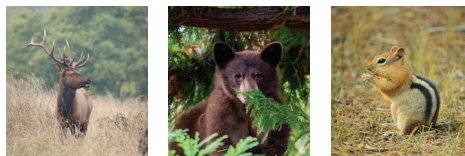
MAKE a LIGHT UP LED NECKLACE! All supplies are included to make your own light up beaded necklace: battery, LED, beads, wire, switch. You create it, you take it home! An AMAZING piece of circuitry jewelry!

**INSTRUCTOR:** Bugs R Us

**LOCATION:** Skyrman Arboretum | 4588 N. Pacific Hwy.

**TIME:** 3:00pm - 4:00pm

**S1:** February 25th | Saturday | \$10.00



## MAMMALS OF SOUTHERN OREGON

Ages 3+

Take a walk on the FURRY side as we get HANDS-ON with local mammals. This program features 16+ REAL animal skulls and furs for the audience to handle and interact with as we explore the wide variety of our four-legged friends. Includes studies of animal scat (poop), animal tracks and includes a hands on activity making YOUR OWN animal tracks. NO LIVE ANIMALS.

**INSTRUCTOR:** Bugs R Us

**LOCATION:** Skyrman Arboretum | 4588 N. Pacific Hwy.

**TIME:** 3:00pm - 4:00pm

**S1:** March 11th | Saturday | \$7.00

## OWLS & OWL PELLETS

Ages 3+

Participants get "hands-on" with real owl pellets. We get to play DETECTIVE with latex gloves and tweezers to find out what the owls have eaten. We discuss owls in the environment and the part they play in the food-web cycle. Includes HANDS-ON time with a taxidermied barn-owl and owl calls. Visitors get to KEEP whatever or WHOMEVER they find inside the pellets.

**INSTRUCTOR:** Bugs R Us

**LOCATION:** Skyrman Arboretum | 4588 N. Pacific Hwy.

**TIME:** 3:00pm - 4:00pm

**S1:** April 15th | Saturday | \$7.00

## BEGINNER LACROSSE CLINICS

Ages 7 to 14

Rogue Valley girls and boys, come learn the fundamentals and history of America's first sport, Lacrosse. SOU Men's Head Coach Brown will lead the clinics. No experience is necessary and equipment will be provided.

**INSTRUCTOR:** Mark Brown

**LOCATION:** Civic Fields | 555 Twin Creeks Xing

**TIME:** 11:00am - 12:00pm

**S1:** Feb. 4th - Feb. 25th | Saturdays | \$55.00



## CENTRAL POINT INSTRUCTIONAL LACROSSE LEAGUE

Ages 8 to 15

Come be a part of the first ever youth lacrosse teams in the Rogue Valley!! No experience is necessary and equipment will be provided. Instruction will be led by Coach Mark Brown, 16 year Head Coach for SOU and Director of the Rogue Valley Youth Lacrosse Association. This league is run through the USA Lacrosse League and the price includes a USA lacrosse membership (\$35 value) which includes a monthly magazine and insurance for your child to play.

**INSTRUCTOR:** Mark Brown

**LOCATION:** Civic Fields | 555 Twin Creeks Xing  
Games will be held at Community Park

**COST:** \$184.00

*(Discount \$50.00 for two or more siblings)*

**PRACTICES:**

Mar. 6th - Apr. 5th | M W | 5:45pm - 7:00pm

**GAMES:**

April 8th - June 3rd | Saturdays | Time: TBD



Discover Southern Oregon's only year-round ice rink. We offer public skating, Learn to Skate classes, private ice rentals, birthday parties, and much more!

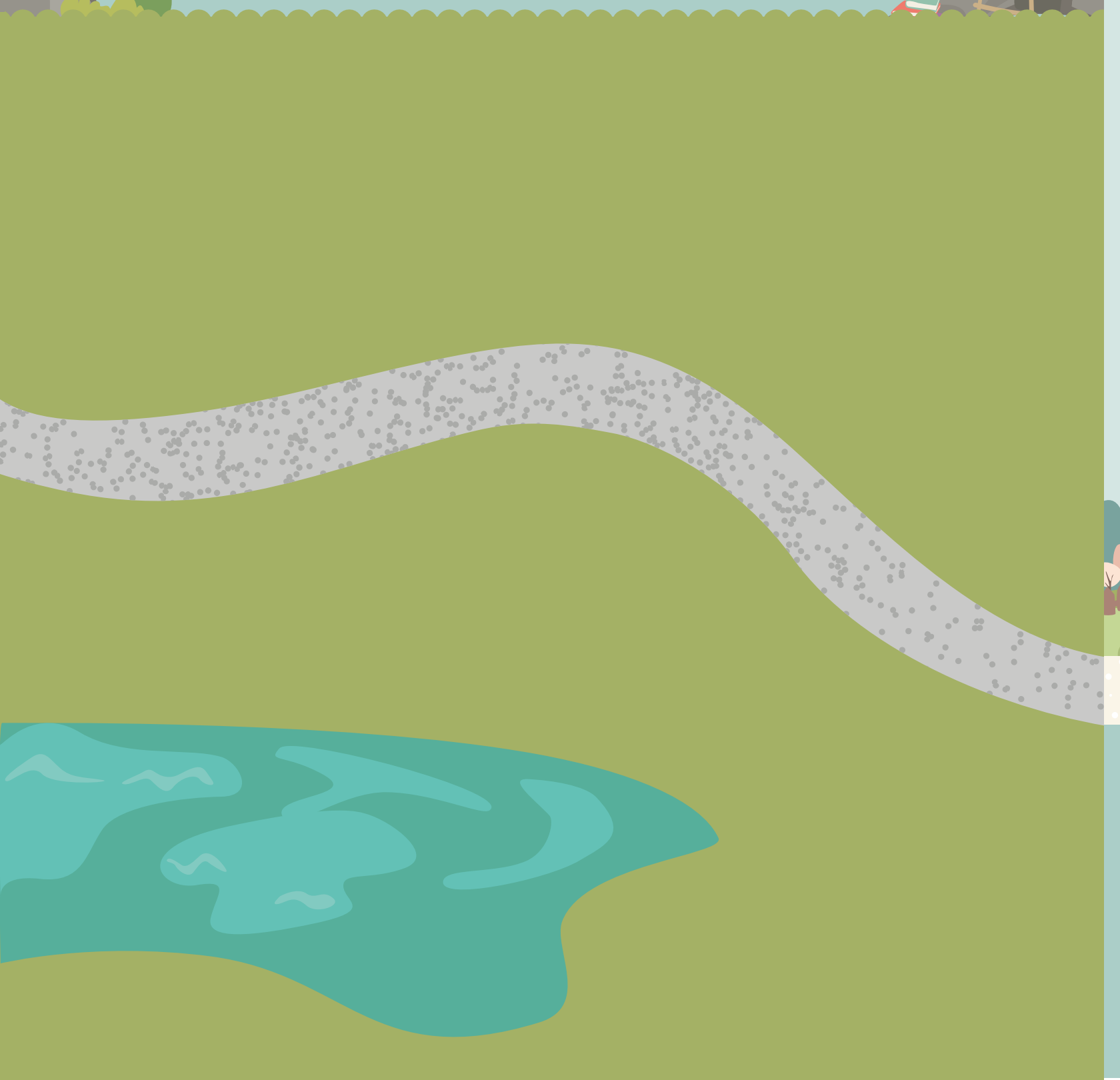
1349 Center Dr.  
Medford, OR 97504  
www.therrink.com  
541-770-1177



BUILD YOUR OWN

# CENTRAL POINT PARK

HAVE YOU EVER WANTED TO DESIGN YOUR OWN PARK? NOW IS YOUR CHANCE! FILL THE BLANK PARK BELOW WITH THE ATTACHED STICKERS TO DESIGN YOUR OWN ONE-OF-A-KIND PARK. BE SURE TO SUBMIT A PHOTO TO [PARKS@CENTRALPOINTOREGON.GOV](mailto:PARKS@CENTRALPOINTOREGON.GOV) FOR A CHANCE TO WIN A SPECIAL PRIZE!



# STORY TIME!

It's story time and Central Point Parks & Recreation needs your help! Let's create one together. Parents, please send us your child's stories by April 15th to [parcs@centralpointoregon.gov](mailto:parcs@centralpointoregon.gov). The winning story will be featured in our Summer Recreation Guide and will win a special prize!

Rowdy the Raccoon is so excited for the New Year and has decided to invite all his friends for a party at  in Central Point. Each of his woodland friends are going to bring  for the party. Rosie the Raccoon is coming and she will be bringing  for everyone to play. Petey the Porcupine is coming too and he is  the party. Petey is also bringing his friend  the Skunk, who is the best basketball player in the woodlands! Bruce the Brown Bear is back from his vacation at  and rode in a  for the first time! Bruce never leaves home without his  which is perfect for everyone share at the party. Rowdy will have pizza for everyone to share, of course everyone's favorite topping is . After a fun day, everyone will relax around the  and read their favorite book  and get ready to sleep in a  under the stars in Central Point!



## SPOT 5 DIFFERENCES



## BREAKFAST CLUB

**Ages 8 to 14**

Come & have fun learning how to make a yummy breakfast for your family! From eggs benedict to french toast, and everything in-between, there is something for everyone at the breakfast table.

**INSTRUCTOR:** Jenny Borchard

**LOCATION:** Haskell Rm 1 | 235 S. Haskell St.

**TIME:** 10:00am - 1:00pm

**S1 - Sweet & Savory Crepes:**

January 21st | Saturday | \$45.00

**S2 - Red Velvet Pancakes:**

February 11th | Saturday | \$45.00

**S3 - Eggs Benedict & Yogurt Fruit Parfaits:**

March 11th | Saturday | \$45.00

**S3 - French Toast & Pajama Party:**

April 15th | Saturday | \$45.00



## DINNER CLUB

**Ages 8 to 14**

Teaching kids to cook dinner for the entire family. Our student chefs will learn kitchen safety, knife skills, avoiding cross contamination and much more. We'll teach them to make the dinner in class and then send them home with the recipes so that they can cook the dinner in your kitchen for your entire family. Each session includes new recipes.

**INSTRUCTOR:** Jenny Borchard

**LOCATION:** Haskell Rm 1 | 235 S. Haskell St.

**TIME:** 5:00pm - 8:00pm

**S1 - Dumplings and Asian Chopped Salad:**

January 20th | Friday | \$45.00

**S2 - Flatbread, Chicken Shwarma, Tatziki & Greek Cucumber Tomato Salad:**

February 10th | Friday | \$45.00

**S3 - Chicken Pot Pie:**

February 11th | Saturday | \$45.00

**S4 - Ravioli and Antipasto Salad:**

March 10th | Friday | \$45.00

**S5 - Empanadas, Salsa & Guacamole:**

April 14th | Friday | \$45.00



## LEGO TIPS AND TRICKS WITH A PRO

**Ages 6 to 12**

Join Misti as she teaches you new tips and tricks to level up your LEGO building skills! Want to know how something is built? This class is student driven and you get to learn what YOU want!! Bendy walls, SNOT, Misti is happy to teach you how! Please bring a packed lunch.

**INSTRUCTOR:** Misti King

**LOCATION:** REC A Classroom | 405 S. 4th St.

**TIME:** 9:00am - 4:00pm

**S1:** April 29th | Saturday | \$50.00

## DESSERT CLUB

**Ages 8 to 14**

We will teach your little chef to bake desserts for the entire family and then send them home with the recipes so that they can bake in your kitchen and showcase their skills. Our student chefs will learn basic baking skills and kitchen safety while learning how to make new, show stopping desserts.

**INSTRUCTOR:** Jenny Borchard

**LOCATION:** Haskell Rm 1 | 235 S. Haskell St.

**TIME:** 5:00pm - 8:00pm

**S1 - Mini Snowflake Cake:**

January 21st | Saturday | \$45.00

**S2 - Mexican Desserts, Flan & Churros:**

March 11th | Saturday | \$45.00

## YO HO, YO HO, A PIRATE'S LIFE FOR ME

**Ages 6 to 12**

Come sail with Captain Misti as she shows you what pirate life was like! How did Pirates navigate the seas in the 1600's? What did the flags mean? Why did people become Pirates? If you seek the treasure of knowledge, come join her for this adventure filled day camp! Please bring a packed lunch and a smile.

**INSTRUCTOR:** Misti King

**LOCATION:** REC A Classroom | 405 S. 4th St.

**TIME:** 9:00am - 4:00pm

**S1:** February 25th | Saturday | \$50.00



## SUPERHERO FORTRESS

**NEW!**

**Ages 6 to 12**

Who is your favorite Superhero and how do they live? Does she have man eating plants in a greenhouse? An icy fortress of solitude? A mansion on a cliff? Whatever your hero has in their life that is fun, we're going to build it! Join us for this adventure filled day camp! Please bring a packed lunch and your smile.

**INSTRUCTOR:** Misti King

**LOCATION:** REC A Classroom | 405 S. 4th St.

**TIME:** 9:00am - 4:00pm

**S1:** January 28th | Saturday | \$50.00

## TAPIGAMI CREATURES

**NEW!**

**Ages 6 to 12**

Is it tape? Is it Origami? It's BOTH!! Join Misti as she shows you how to turn boring tape into exciting creatures! Please bring a packed lunch and your smile.

**INSTRUCTOR:** Misti King

**LOCATION:** REC A Classroom | 405 S. 4th St.

**TIME:** 9:00am - 4:00pm

**S1:** March 25th | Saturday | \$50.00





## MIXED NEW! MEDIA DESIGN

Ages 7 to 14

We will be exploring a variety of different art mediums like air dry clay, 3-D painting and paper crafts like decoupage and quilling. Each session we will explore different mediums and grow in the knowledge and skill of previous sessions.

**INSTRUCTOR:** Kelly Allen  
**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.  
**TIME:** 4:00pm - 6:00pm  
**S1:** January 17th | Tuesday | \$35.00  
**S2:** January 24th | Tuesday | \$35.00  
**S3:** January 31st | Tuesday | \$35.00

## EXPLORING NEW! GREAT ARTISTS

Ages 7 to 14

Each session we will discuss and explore a different famous artist and practice their style and techniques. We will be exploring mediums like watercolor, acrylics, ink printing, collage illustrations and gold foil.

**INSTRUCTOR:** Kelly Allen  
**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.  
**TIME:** 4:00pm - 6:00pm  
**S1:** February 21st | Tuesday | \$35.00  
**S2:** March 7th | Tuesday | \$35.00  
**S3:** March 14th | Tuesday | \$35.00



## DOLL CLOTHING & ACCESSORY DESIGN

Ages 7 to 14

Kids will learn the basics of fashion design. They will learn how to draw dolls and design a complete outfit and accessories for them. Kids will also learn how to cut and sew their unique creations. Kids may bring their own dolls or stuffies so we can custom fit the outfits. All other materials provided!

**INSTRUCTOR:** Kelly Allen  
**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.  
**TIME:** 4:00pm - 6:00pm  
**S1:** February 7th | Tuesday | \$35.00



## VALENTINE'S FUN NEW!

Ages 7 to 14

Kids can have fun creating an adorable pompom garland and a 3D card. We will also explore some holiday STEM activities like creating crystal hearts and icy heart painting. All materials provided!

**INSTRUCTOR:** Kelly Allen  
**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.  
**TIME:** 4:00pm - 6:00pm  
**S1:** February 14th | Tuesday | \$35.00



## EASTER CRAFTS NEW!

Ages 7 to 14

Kids will have fun making marbled Easter eggs, no sew adorable bunnies and peep houses. All materials provided and kids will leave with three cute Easter projects!

**INSTRUCTOR:** Kelly Allen  
**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.  
**TIME:** 4:00pm - 6:00pm  
**S1:** April 4th | Tuesday | \$35.00

## FAIRY GARDENS AND DINOSAUR HABITATS

Ages 7 to 14

Kids will design and create a magical fairy garden or an awesome dinosaur habitat. They will have fun exploring the endless possibilities of these wonderful little fairylands. All materials provided!

**INSTRUCTOR:** Kelly Allen  
**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.  
**TIME:** 4:00pm - 6:00pm  
**S1:** March 21st | Tuesday | \$35.00  
**S2:** April 11th | Tuesday | \$35.00

## BASIC DRAWING NEW!

Ages 7 to 14

Kids will build on their knowledge and skills of drawing. Students will work on observation, shading and perspective by learning the basics of drawing people, architecture and landscapes and still life. All materials provided!

**INSTRUCTOR:** Kelly Allen  
**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.  
**TIME:** 4:00pm - 6:00pm  
**S1:** April 18th | Tuesday | \$35.00





# HEALTH & FITNESS

## SWING DANCING LESSONS

**Ages 18+**

Swing is an incredibly fun dance style that isn't limited to the "leader" and "follower" roles. In this class we will start with the basics of swing, and move right into creating your own fun patterns! We will work on the skills to communicate clearly and easily with anyone. No Partner or Experience Necessary! Bring a water bottle & some low-traction shoes.

**INSTRUCTORS:** Derrik & Maria Coghill  
**LOCATION:** Haskell Rm 3 | 235 S. Haskell St.  
**TIME:** 6:30pm - 7:30pm  
**S1:** Feb. 1st - Feb. 22nd | Wed. | \$40.00  
**S2:** March 1st - March 22nd | Wed. | \$40.00  
**S3:** April 5th - April 26th | Wed. | \$40.00

## LEARNING TO PLAY PICKLEBALL

**Ages 10+**

This is an introduction to the very popular, addicting and health enhancing sport of Pickleball. You will learn the rules, basic strategies, and how to engage with other Picklers locally or when you travel. A good quality paddle will be available to use or to buy.

**INSTRUCTOR:** Joel Heller  
**Session 1:**  
 Don Jones Pickleball Court | 5:15pm - 7:00pm  
 March 7th & March 14th | Tuesdays | \$39.00  
**Session 2:**  
 Don Jones Pickleball Court | 5:15pm - 7:00pm  
 April 4th & April 11th | Tuesdays | \$39.00  
**Session 3:**  
 DFBFP Pickleball Courts | 10:30am - 12:15pm  
 March 9th & March 16th | Thursdays | \$39.00  
**Session 4:**  
 DFBFP Pickleball Courts | 10:30am - 12:15pm  
 April 6th & April 13th | Thursdays | \$39.00



## BEGINNING QIGONG AND TAI CHI

**NEW!**

**Ages 16+**

Learn techniques to enhance balance, coordination, memory and relaxation through guided practice of QiGong and Tai Chi forms that incorporate slow movement, visualization, breathwork, and self-massage. Practice can be done seated or standing.

**INSTRUCTOR:** Carolyn Wolf  
**LOCATION:** City Hall Rm 1 | 155 S. 2nd St.  
**TIME:** 10:00am - 11:00am  
**S1:** Jan. 27th - Mar. 3rd | Fridays | \$45.00  
**S2:** Mar. 17th - Apr. 21st | Fridays | \$45.00



## IMPROVING YOUR PICKLEBALL GAME

**Ages 16+**

Learn the strategies that the top players and teachers use to improve your game. Learn how to slow the game down and add variety to your game all while having fun. Please bring a paddle and water bottle to class.

**INSTRUCTOR:** Joel Heller  
**LOCATION:** Don & Flo Bohnert Farm Park  
**TIME:** 8:30am - 10:15am  
**S1:** March 9th & March 16th | Thurs. | \$39.00

## YOGA BASIC

**Ages 18+**

Designed for beginners who want to learn basic yoga postures. Using a breath centered approach we work towards calming the mind, developing core strength, flexibility & improving balance. Props are used to modify the practice, making it accessible to all. A certain level of mobility is required. Bring yoga mat, Mexican blanket & water to class.

**INSTRUCTOR:** Sandy Dennis  
**LOCATION:** City Hall Rm 1 | 155 S. 2nd St.  
**TIME:** 3:00pm - 4:00pm  
**S1:** Jan. 18th - Mar. 1st | Wed. | \$75.00  
**S2:** \*Jan. 23rd - Feb. 27th | Mon. | \$55.00  
**S3:** \*Mar. 6th - Apr. 24th | Mon. | \$75.00  
**S4:** \*Mar. 8th - Apr. 26th | Wed. | \$75.00  
 \*No Classes 2/20 or the week of 3/27

## YOGA FLOW

**Ages 18+**

This is a traditional breath centered yoga flow practice that focuses on calming the mind while building endurance, strength and flexibility. Students explore Sun Salutations and many other postures (some intermediate level). A certain level of mobility is required. Bring yoga mat, Mexican blanket & water to class.

**INSTRUCTOR:** Sandy Dennis  
**LOCATION:** City Hall Rm 1 | 155 S. 2nd St.  
**TIME:** 4:30pm - 5:30pm  
**S1:** Jan. 18th - Mar. 1st | Wed. | \$75.00  
**S2:** \*Jan. 23rd - Feb. 27th | Mon. | \$55.00  
**S3:** \*Mar. 6th - Apr. 24th | Mon. | \$75.00  
**S4:** \*Mar. 8th - Apr. 26th | Wed. | \$75.00  
 \*No Classes 2/20 or the week of 3/27





## MID-MORNING DOSE OF YOGA

Ages 18+

What better way to embrace your day than to take a mid-morning pause! Gentle lengthening, strengthening, and balancing yoga poses, combined with energy building breathing exercises, will steer your day in the right direction, & help keep you going throughout all your activities. Bring a mat and a small blanket or towel. Kathryn Reppond is a registered instructor with Yoga Alliance.

**INSTRUCTOR:** Kathryn Reppond  
**LOCATION:** Haskell Rm 3 | 235 S. Haskell St.  
**TIME:** 10:30am - 11:30am  
**S1:** Jan. 17th - Feb. 21st | Tuesdays | \$72.00  
**S2:** Feb. 28th - Apr. 4th | Tuesdays | \$72.00



## PILATES MOVEMENT

Ages 18+

Build awareness through movement linked with breath as you train core muscles. Exercises utilize the building blocks of core strengthening, balance, flexibility, alignment and stamina. Please bring a mat and a small blanket or towel to class. Kathryn Reppond is a registered instructor with Yoga Alliance.

**INSTRUCTOR:** Kathryn Reppond  
**LOCATION:** Haskell Rm 3 | 235 S. Haskell St.  
**TIME:** 12:00pm - 1:00pm  
**S1:** Jan. 17th - Feb. 21st | Tuesdays | \$72.00  
**S2:** Feb. 28th - Apr. 4th | Tuesdays | \$72.00



## BODY LOGIC

ALL AGES WELCOME

Offset the aging process by performing simple flexibility and strengthening techniques! Learn what a difference to your ease and range of movement can be gained through slightly adjusting posture and alignment. Exercises include stretching combined with isometrics, fascia releases, breathing facilitation and mindfulness approaches. Please bring a mat and a small blanket or towel to class. Kathryn Reppond is a registered instructor with Yoga Alliance.

**INSTRUCTOR:** Kathryn Reppond  
**LOCATION:** Haskell Rm 3 | 235 S. Haskell St.  
**TIME:** 10:30am - 11:30am  
**S1:** Jan. 18th - Feb. 22nd | Wed. | \$72.00  
**S2:** March 1st - April 5th | Wed. | \$72.00

## YOGA FOR SENIORS NEW!

Ages 55+

Gain strength & flexibility as you de-stress this winter. Simple morning practices for better breathing, mobility, and posture can help get you through the day and improve your quality of life. Please bring a mat and a small blanket or towel to class. Kathryn Reppond is a registered instructor with Yoga Alliance.

**INSTRUCTOR:** Kathryn Reppond  
**LOCATION:** Haskell Rm 3 | 235 S. Haskell St.  
**TIME:** 12:00pm - 1:00pm  
**S1:** Jan. 18th - Feb. 22nd | Wed. | \$72.00  
**S2:** March 1st - April 5th | Wed. | \$72.00

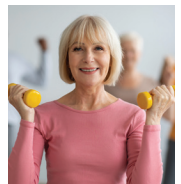


## SENIOR STRENGTH & MOBILITY FREE!

Ages 50+

Join us for a morning of stretching and mobility training with Margie. Margie is a Personal Trainer and is certified by the American Council for Exercise. She specializes in specific exercises & mobility training for seniors. This free class is sponsored by the Central Point Parks and Recreation Foundation.

**INSTRUCTOR:** Margie Krakow  
**LOCATION:** Haskell Rm 3 | 235 S. Haskell St.  
**TIME:** 9:30am - 10:30am  
**S1:** Jan. 19th - Apr. 27th | Thursdays | Free!  
**S2:** Jan. 23rd - April 24th | Mondays | Free!  
 \*No Classes 2/20 or 4/6



## WHAT IS PILATES & NEW! HOW CAN IT HELP YOU?

Ages 18+

Did your doctor ever suggest Pilates for your injury? Has a friend recommended Pilates to feel better? Learn the principles that define Pilates for a comprehensive understanding of the method. Please join me weekly for fun Pilates Q & A discussions closing with applicable floor exercises, specific to your body condition. This series is suitable for all fitness levels. Please wear comfortable form fitted clothing, and remember to bring water and a towel!

**INSTRUCTOR:** Gina Vaccaro  
**LOCATION:** Haskell Rm 3 | 235 S. Haskell St.  
**TIME:** 5:30pm - 6:30pm  
**S1:** Jan. 19th - Feb. 16th | Thurs. | \$76.00  
**S2:** Feb. 23rd - Mar. 23rd | Thurs. | \$76.00  
**S3:** Mar. 30th - Apr. 27th | Thurs. | \$76.00

# ENRICHMENT

## SUGAR COOKIE DECORATING NEW!

Ages 12+ w/ an Adult

No experience necessary! Learn to decorate with royal icing while creating fun themed cookies that will wow your family and friends! We will decorate 5-6 cookies and learn creative techniques. Come prepared to have fun! All materials provided including recipes.

**INSTRUCTOR:** Marne Borecki

**LOCATION:** Haskell Rm 1 | 235 S. Haskell St.

**TIME:** 6:00pm - 8:30pm

**Session 1 - Sweet Treats:**

January 26th | Thursday | \$50.00

**Session 2 - All About the Hearts**

February 9th | Thursday | \$50.00

**Session 3 - Spring into Sugar**

March 9th | Thursday | \$50.00

**Session 4 - The Peeps Are All Here**

March 30th | Thursday | \$50.00



## DECORATIVE SPRING FOCACCIA BREAD & CHARCUTERIE BOARD

Ages 15+

Come and relax with friends and build a beautiful charcuterie board. Learn the basics of how to build a delicious board your guests will be wowed by. Featuring a homemade decorative focaccia bread. Please bring a board with you, all other supplies will be provided.

**INSTRUCTOR:** Jenny Borchard

**LOCATION:** Haskell Rm 1 | 235 S. Haskell St.

**TIME:** 5:00pm - 8:00pm

**S1:** April 15th | Saturday | \$45.00



NEW!

## COOKING IN SPANISH

Ages 16+

Esta clase enseñará educación nutricional básica y cómo aumentar las verduras en sus comidas. Preparación de alimentos y cocina para apoyar una alimentación saludable. This class will teach basic nutrition education and how to increase vegetables in your meals. Food preparation and cooking to support healthy eating.

**INSTRUCTOR:** Ana Maria (La Clinica)

**LOCATION:** Haskell Rm 1 | 235 S. Haskell St.

**TIME:** 11:00am - 12:30pm

**S1:** March 22nd | Wednesday | \$19.00

## INSTA POT NEW!

## ALL DAY LONG

Ages 16+

Let us show you how to use your insta pot all day long. We'll cover all meals, starting with breakfast including some snacks and finish the class off with a yummy desert, all cooked in the pots. Bring your questions and your appetite. You will want to use your pot a lot more after taking the class. Bring a notebook and pen or pencil to class.

**INSTRUCTORS:** Food Preservers Association of Jackson County

**LOCATION:** Haskell Rm 1 | 235 S. Haskell St.

**TIME:** 10:00am - 12:00pm

**S1:** February 4th | Saturday | \$28.00



## BEGINNER GUITAR WITH ROGUE MUSIC

Ages 15+

This is the perfect guitar class for anyone who has never picked up a guitar before, or for anyone that has struggled with traditional lessons in the past. With this simple, step-by-step approach you'll be playing songs you recognize within the first 15 minutes of picking up your instrument! Intended for new musicians at least 15 yrs old, and no one is too old to start. Presented by Rogue Music Lessons. *If students already have a guitar they should bring it with them. If not, a rental guitar is available free of charge and can be checked out at the first class by an adult with a valid driver's license.*

**INSTRUCTOR:** Rogue Music Lessons

**LOCATION:** REC A Classroom | 405 S. 4th St.

**TIME:** 6:15pm - 7:00pm

**S1:** Feb. 7th - Feb. 28th | Tuesdays | \$65.00



## BEGINNER UKULELE WITH ROGUE MUSIC

Ages 14+

This is the perfect ukulele class for anyone who has never picked up a ukulele before or for anyone that struggled with traditional lessons in the past. With this simple step-by-step approach, you'll play songs you recognize within the first 15 minutes of picking up your instrument! Intended for new musicians at least 14 yrs. old, and no one is too old to start. Presented by Rogue Music Lessons. *If students already have a ukulele they should bring it with them. If not, a rental is available free of charge and can be checked out at the first class by an adult with a valid driver's license.*

**INSTRUCTOR:** Rogue Music Lessons

**LOCATION:** REC A Classroom | 405 S. 4th St.

**TIME:** 6:00pm - 6:45pm

**S1:** Feb. 8th - Mar. 1st | Wednesdays | \$65.00

## CRICUT FOR BEGINNERS NEW!

### CARDSTOCK GREETING CARD

Ages 10+

This class will walk beginners through a simple project to overcome any intimidation they face with a new Cricut machine. We will make a simple Valentine's Day greeting card and learn basic terminology associated with Cricut. We will supply the machines and laptops for 6 attendees, and all materials needed for this project. If you wish to bring your own laptop and machine, contact us. This is for people with Explore or Maker series machines

**INSTRUCTOR:** Cyndi Weeks

**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.

**TIME:** 2:00pm - 4:00pm

**S1:** Feb. 4th | Saturday | \$25.00

## MEDICARE 101 FREE!

Ages 63+

Learn about Medicare Parts A, B, and C and prescription drug plans, Part D. Gain an understanding of Medicare Advantage and Supplemental Plans, and learn how to determine which type of plan best meets your needs. Discover how Medicare works with the VA, and learn about a program that may help pay some or all of your prescription drug costs.

**INSTRUCTORS:** Linda Clark & Melissa Mlasko

**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.

**TIME:** 5:30pm - 6:30pm

**S1:** January 31st | Tuesday | Free

**S2:** February 28th | Tuesday | Free

**S3:** March 28th | Tuesday | Free

**S4:** April 25th | Tuesday | Free

## CRICUT FOR BEGINNERS NEW!

### SPRING POT WITH VINYL

Ages 10+

In this class, we will use the Cricut Explore or Maker series to cut a simple spring design out of vinyl, add it to a pot, & create a nice centerpiece that can be used for anything from flowers to candy. This class is geared toward beginners to help get the creative ideas to flow. If you wish to bring your own laptop and machine, contact us. We will supply the machines and all materials needed for this project.

**INSTRUCTOR:** Cyndi Weeks

**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.

**TIME:** 1:00pm - 3:00pm

**S1:** Mar. 18th | Saturday | \$27.00



## KNITTING NIGHT! NEW!

Ages 7+

This is a class for beginning and advanced knitters in a relaxed atmosphere. From scarfs and mittens to stocking caps or hats, students will learn how to knit all the winter essentials. List of supplies will be given on your receipt at check out.

**INSTRUCTOR:** Barbara Davis

**LOCATION:** REC A Classroom | 405 S. 4th St.

**TIME:** 6:00pm - 7:30pm

**S1:** Jan. 19th - Feb. 9th | Thursdays | \$28.00

**S2:** Feb. 16th - Mar. 9th | Thursdays | \$28.00

**S3:** Mar. 16th - Apr. 13th | Thursdays | \$28.00

\*No Class 3/30 for Spring Break

## CRICUT FOR BEGINNERS NEW!

### TOTE BAG WITH IRON-ON VINYL

Ages 10+

Using a Cricut machine and a heat press, we will add an iron-on design to a tote bag for summer. This is an easy beginner project for those that are new to Cricut. We will supply Cricut Explore or Maker machines and laptops for 6 attendees, as well as all materials needed. If you wish to bring your own laptop and machine, call us.

**INSTRUCTOR:** Cyndi Weeks

**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.

**TIME:** 6:00pm - 8:00pm

**S1:** April 27th | Thursday | \$29.00

## HOW TO ACHIEVE HEALTHY FINANCES NEW!

Ages 16+

We all use money! How you use it, budget it, and allow it to grow for you is what this class is about. Healthy habits for your finances.

**INSTRUCTOR:** Alice Headley

**LOCATION:** Haskell Rm 2 | 235 S. Haskell St.

**TIME:** 6:00pm - 7:00pm

**S1:** Jan. 18th - March 1st | Wed. | \$29.00

## PEDIATRIC CPR & FIRST AID

Ages 10+

First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, CPR and AED. This is a hybrid training course with part one online. Part two will be in person where skills will be practiced and certification cards will be given. *After signing up, this class becomes non-refundable, due to the purchase of the online portion of the class in each participant's name. Please bring your completion certificate to the in person hands on session.*

**INSTRUCTOR:** First Response LLC

**LOCATION:** REC A Classroom | 405 S. 4th St.

**TIME:** 6:00pm - 7:00pm

**S1:** January 31st | Tuesday | \$59.00

**S2:** February 27th | Monday | \$59.00

**S3:** March 21st | Tuesday | \$59.00

**S4:** April 18th | Tuesday | \$59.00

### Intro to D&D, 5e (15+ YRS) Jan. 12th | 2:30 PM - 5:30 PM

Are you interested in playing Dungeons & Dragons? Whether you have zero experience or have D&D expertise, come to Intro to D&D to get prepared to play in a new campaign!

### Coffee & Crosswords (55+ YRS)

Every other Tuesday | 10 AM - 12 PM

### The Central Theme: Book Discussion Group (18+ YRS)

First Tuesday of the Month | 1 PM - 2 PM





# MEDFORD

PARKS, RECREATION AND FACILITIES

Medford Parks, Recreation & Facilities is the primary regional service provider for year-round adult sports leagues and affordable youth sports programs.

## Youth Sports Camps / Programs

Youth Flag Football

Little Hoopsters

Youth Indoor Soccer



## Adult Sports Leagues

Basketball

Soccer

Softball

Volleyball



**For more information:**

541.774.2400

[playedford.com](http://playedford.com)

[sportsmedford.com](http://sportsmedford.com)



# EVENTS



Ice Skate in Lithia Park  
Dec-Feb, Ashland Rotary Centennial Ice Rink

Photo courtesy Lanessa Pierce



Rogue Valley Bike Swap  
In April 2023, Ashland

Photo courtesy Bob Palermmini



Ashland World Music Festival  
Every Memorial Weekend in Lithia Park

Photo courtesy Bob Palermmini



ASHLAND  
PARKS &  
RECREATION  
COMMISSION

[ASHLANDPARKSANDREC.ORG](http://ASHLANDPARKSANDREC.ORG)

# Learn to SQUARE DANCE

LESSONS START

**JANUARY 9**

## Smart People Square Dance

For more info call Frances 541-890-6327



3377 Table Rock Road  
Central Point

SquareDance101.com



**ROGUE VALLEY SQUARE DANCE CENTER**

JACKSON COUNTY LIBRARY SERVICES

# ROGUE READS AUTHOR TALKS



**HENA KHAN**

January 17  
11am - Noon  
via Zoom



**ERIC GANSWORTH**

February 21  
4:30pm - 5:30pm  
via Zoom



register online at  
[jcls.org/roguereads](http://jcls.org/roguereads)



**Medicare  
Education**

**Monthly Workshops Available**  
See Class Schedules in This Booklet

- Gain an understanding of how Medicare works.
- Learn the difference between Medicare Advantage and Medicare Supplement plans.
- Learn how to find the best plan for you.
- Discover how Medicare prescription drug plans work.



**Melissa Mlasko**



**Linda Clarkson**

**Call 541.973.2100 ext. 1  
for upcoming workshops  
in your area.**

 **FUTURITY FIRST**

Futurity First is not connected with or endorsed by the United States government or the federal Medicare program. For accommodations for persons with special needs at meetings, call 541.973.2100 ext. 1, TTY: 711.

# Como Registrarse para Clases

La registraci3n est1 abierta para todos los residentes de Central Point y no-residentes (cualquier persona localizada fuera del c3digo postal 97502). Todas las registraciones son aceptadas por orden de llegada. **Registrate Pronto; muchas clases se llenan r1pido. Las clases pueden ser canceladas si no se llega a el m1nimo numero de participantes.** Los participantes ser1n notificados por medio de mensajes de texto o correo electr3nico si se cancelan o reprograman las clases.

En L1nea: [www.centralpointoregon.gov/schedule](http://www.centralpointoregon.gov/schedule)

Puedes navegar las listas de programas por tipo de actividad y/o localizaci3n, registrarte y pagar en l1nea. Para registrarte en l1nea necesitas crear una cuenta y pagar con tarjeta Visa o MasterCard. Para crear una cuenta, haz click en la secci3n "Log In/Create Account". Cuando agregues tu n1mero de tel3fono, por favor incluye tambi3n tu proveedor de servicio para poder enviarte mensajes de texto con informaci3n actualizada de las clases. i.e. cancelaciones, cambios de locaci3n, etc.

Por Tel3fono: 541-664-3321 ext. 130

Puedes llamar al Departamento de Parques y Recreaci3n de Lunes a Viernes de 8:30 a 4:30 pm para asistencia en crear tu cuenta o registrarte para clases recreacionales. Ten listo el nombre de la clase(s), fecha(s), y tu n1mero de tarjeta Visa o MasterCard.

## ESPAÑOL- PROGRAMAS INVIERNO / PRIMAVERA

### CLASE DE COCINA EN ESPAÑOL

EDAD 16+

Esta clase ensear1 educaci3n nutricional b1sica y c3mo aumentar las verduras en sus comidas. Preparaci3n de alimentos y cocina para apoyar una alimentaci3n saludable. Esta clase es en español.

### CLASES DE COCINA PARA NIÑOS

EDAD 8 to 14

¿Te gustar1a que tus hijos aprendieran a cocinar diferentes platillos, desayunos, cenas y postres? Nuestra instructora de cocina Jenny Borchard ofrece una gran variedad de clases que puedes encontrar en las p1gina 14.

### EVENTO COMUNITARIO EGGSTRAVAGANZA

EDAD 0 to 12

En este evento habr1 b1squeda de huevos de Pascua con 30,000 huevitos, fotos con el conejito de pascua, y premios para los boletos dorados. El evento es de 10:00 am- 12:00 pm en el parque Twin Creeks. La b1squeda de huevos comienza a las 11:00 am en punto. Todos deber1n traer su propia canasta. Este es un evento comunitario gratuito.

### ¡PUEDO TOCAR LA GUITARRA!

EDAD 7 to 14

¡Aprende los fundamentos de la guitarra en un ambiente divertido y sin presi3n! ¡Los estudiantes aprender1n los acordes y ritmos de guitarra m1s comunes, y c3mo tocar sus canciones favoritas! Esta clase es para aspirantes a m1sicos de 7 a 14 años. Es perfecto para aquellos que nunca han tocado la guitarra anteriormente o estudiantes que han tenido problemas con las clases de guitarra tradicionales.

### GUITARRA PARA PRINCIPIANTES

EDAD 15+

Esta es la clase de guitarra perfecta para quien nunca ha intentado tocar una guitarra antes, o para quien ha intentado y batallado con clases tradicionales en el pasado. ¡Con este enfoque simple y paso a paso, tocar1s canciones que reconozcas dentro de los primeros 15 minutos de recoger tu instrumento! Destinado a nuevos m1sicos de al menos 15 años de edad, y nadie es demasiado viejo para comenzar. Se proporcionar1n instrumentos en el sal3n, pero tambi3n puede traer su propia guitarra. Presentado por Rogue Music Lessons.

### CAMPAMENTO DE VACACIONES DE PRIMAVERA

EDAD 7 to 14

¡Es hora de unas vacaciones de primavera LEGOtastic! ¡Únete a nosotros mientras construimos, diseamos y creamos todo lo relacionado con LEGO! Incluso veremos episodios de LEGO Masters. Se proporcionan todos los suministros y todos los diseños de LEGO tendr1n que quedarse en el campamento, pero las fotos se llevar1n a casa. Trae un almuerzo, una botella de agua y una sonrisa.

### RCP, DEA Y PRIMEROS AUXILIOS PEDIÁTRICOS

EDAD 10+

Tomar1s el curso h1brido. Enviaremos a cada persona participante un enlace para ver el video en su propio tiempo. Despu3s de que se realiza la parte en l1nea, tomar1s una clase de una hora en persona donde pondr1s en pr1ctica tus nuevas habilidades y tendr1s tiempo de instrucci3n. Al terminar la clase, emitiremos tu certificaci3n de 2 años.

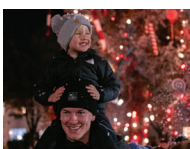


Thank you 2022

for all the memories!



FOLLOW US @GREENPARKSCP





**PARKS  
& RECREATION**

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# UPCOMING SPECIAL EVENTS

*april* **08** **EASTER EGGSTRAVAGANZA**

JOIN US FROM 10-12PM AT TWIN GREEKS PARK FOR AN EASTER EGG HUNT, CRAFTS AND PRIZES FREE FOR ALL CHILDREN UNDER AGE 11. EGG HUNT STARTS AT 11AM SHARP!

*february* **06**

**COMMUNITY  
CUPIDS!**

MAKE OR PURCHASE VALENTINE CARDS FOR OUR SENIOR RESIDENTS IN CENTRAL POINT TO BRIGHTEN THEIR DAY! ADD A PERSONAL MESSAGE, SIGN AND SEAL THE CARDS BEFORE DROPPING IT OFF AT CITY HALL.

**MADE IN  
SOUTHERN  
OREGON** **13** *may*

PINE STREET WILL BE FULL OF SOUTHERN OREGON MAKERS FROM 9-4PM. THIS EVENT IS THE PERFECT PLACE TO FIND A MOTHER'S DAY GIFT FOR THAT SPECIAL SOMEONE.

*may* **19** **MOVIE  
FUNDRAISER  
CENTRAL POINT  
CEMETERY**

MOVIES IN THE CEMETERY IS BACK AND OUR FIRST MOVIE IS ARACHNOPHOBIA. SINCE OREGON IS HOME TO 500 DIFFERENT SPECIES OF SPIDERS, WE CHOSE A MOVIE THAT IS DEVOTED TO ALL THINGS SPIDERS! TICKETS ARE SOLD IN ADVANCE ONLINE STARTING MAY 1ST.

**MEMORIAL DAY  
COMMEMORATION** **29** *may*

JOIN US AT THE OREGON FALLEN WAR HEROES MEMORIAL AT DON JONES PARK FOR OUR ANNUAL MEMORIAL DAY COMMEMORATION. WE WILL REMEMBER THOSE MEN & WOMEN WHO SERVED OUR COUNTRY. THE NEW DENNIS RICHARDSON MEMORIAL WILL BE DEDICATED AT THIS EVENT AS WELL. WE WILL HAVE SPEAKERS FOR BOTH MEMORIAL DAY & TO CELEBRATE THE LIFE OF MR. RICHARDSON, A VETERAN, FORMER SECRETARY OF STATE, AND LONGTIME CENTRAL POINT RESIDENT.

*For more event information, visit [www.centralpointoregon.gov](http://www.centralpointoregon.gov)*