



| NOVEMBER | DECEMBER | R | SEPTEMBER | OCTOBER | DECEMBER | SEPTEMBER



SEPTEMBER | OCTOBER | NOVEMBER | OCTOBER | NOVEMBER | D





REC STAFF AT THE BARBIE MOVIE EVENT





COME HANGOUT

with Central Point Parks & Rec

REGISTER ONLINE

WWW.CENTRALPOINTOREGON.GOV/SCHEDULE

ONLINE YOU CAN REGISTER FOR CLASSES, FIND **UPCOMING EVENTS, OR RESERVE A GAZEBO**

CALL OR EMAIL

PARKS@CENTRALPOINTOREGON.GOV 541.664.3321 EXT 130

YOU CAN CALL THE PARKS & RECREATION DEPARTMENT MONDAY - FRIDAY 8:30AM-4:30PM OR EMAIL US ANYTIME



Central Point Recreation Department presents:

THE REC. DEPARTMENT TO THE RESCUE

THE REC DEPARTMENT IS ALWAYS LOOKING FOR WAYS TO HELP OUT OUR COMMUNITY. MIGHT NEED OUR HELP, WE JUMPED INTO **ACTION. HERE ARE A COUPLE OF EXAMPLES** OF HOW WE HELPED SAVE THE DAY!



FINANCE DEPT.

THE CITY TAKES ITS FUNANCES VERY SERIOUS-LY. WHEN THE REC. BUDGET WAS OFF BY \$1, WE KNEW JUST WHO TO SEND! OUR RECREATION SPECIALIST, MARGARITA, WAS ABLE TO HELP WITH HER AMAZING FINANCIAL SKILLS. AFTER INVESTIGATING, THE MISSING DOLLAR WAS FOUND, AND THE REC. PROGRAM CAN BREATHE EASY KNOWING THEY CAN CONTINUE PROVIDING ALL THEIR AMAZING PROGRAMS!







MARGARITA THE DETECTIVE!



STREETS DEPT.

THE STREETS IN CENTRAL POINT ARE VITAL TO THE DAY-TO-DAY LIFE OF OUR COMMUNITY. WHEN WE HEARD SOME DIRT HAD FOUND ITS WAY ONTO OUR BEAUTIFUL STREETS, WE JUMPED INTO ACTION! WE SENT OUR HIGHLY SKILLED CLEANER, RECREATION MANAGER NIKKI PETERSEN, TO DO THE HEAVY LIFTING. IN NO TIME, OUR STREETS WERE GLEAMING AGAIN.



NIKKI READY TO SWEEP!

WATER DEPT.

WE GOT A CALL FROM A RESIDENT ABOUT A NOISE

KEEPING THEM UP ALL NIGHT. IT WAS DETERMINED TO BE

A LEAKY FAUCET IN THE BATHROOM. THE WATER

DEPARTMENT KNEW JUST WHO TO CALL. ELIZABETH, OUR

SPECIAL EVENTS AND MARKETING COORDINATOR, CAME

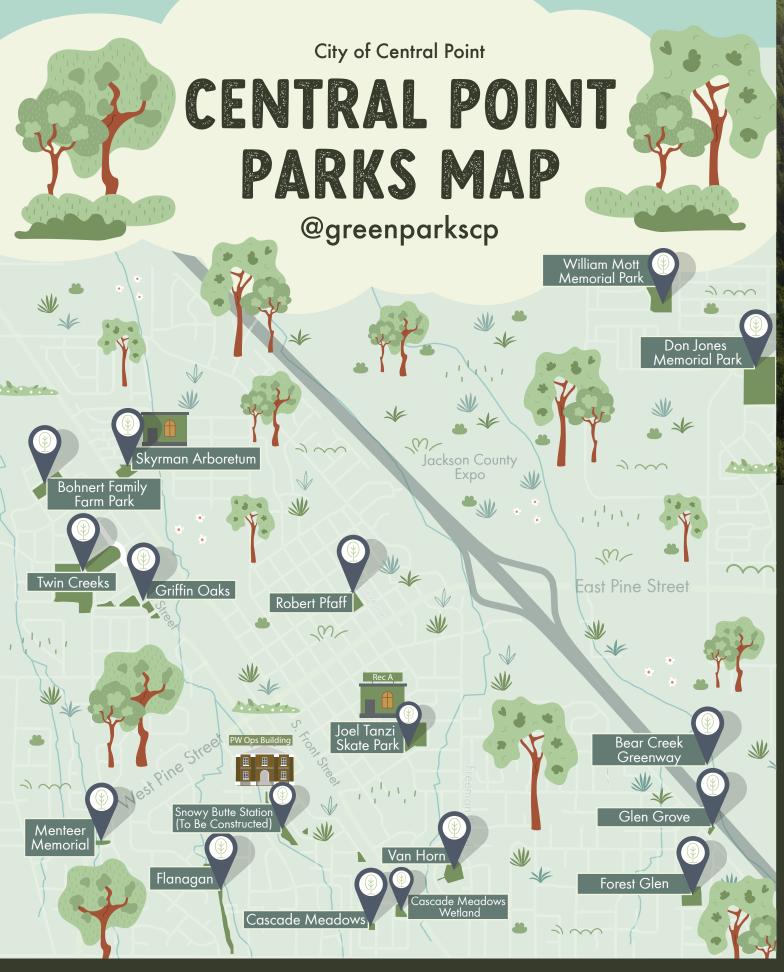
TO THE RESCUE. AFTER A LOT OF ELBOW GREASE,

ELIZARETH WAS ARLE TO FIX THE LEAK, AND THE RESIDENT

WAS ABLE TO SLEEP THROUGH THE WHOLE NIGHT!



STAY CONNECTED WITH US ON THE SEASON TO CATCH ALL THE **EXCITING ADVENTURES AND UPDATES FROM THE**





to honor our local heros.

For a tax deductible donation of \$450, this program offers residents the opportunity to celebrate a veteran/hero in their life through the purchase and planting of a tree at Don Jones Memorial Park. Each tree donation will include a 3" by 3.5" metal plaque attached to a post near the tree. The plaque will provide the name of the veteran and a QR code that will link to a city webpage providing biographical information and a photo of the veteran. For Spring planting, the application deadline will be March 15. For Fall planting the deadline will be September 15.

For More Information Contact Dave Jacob at (541) 423-1012



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1ST EVER SAFETY CAMP! THANKS FD3 & CPPD

The Recreation team was thrilled to work together with Central Point Police and Jackson County Fire District 3 on the first-ever Safety Camp! With almost 40 kids, ages 9-11, joining us for 3 days, the kids were taught what to do in the event of a fire, how to navigate online and social media, basic first aid and CPR, and so much more! Each child graduated with a certificate and a commemorative Safety Camp badge. A big thanks to our sponsor, Rogue Credit Union, for helping us make this happen, as well as the countless hours spent by FD3 and CPPD. The Rec staff was so happy to be a part of this fun and educational camp, and we cannot wait to do it again next summer!

Central Point PARK UPDATES

WHAT'S NEW WITH RECREATION?

The fall season is finally here, and we are ready for the changing leaves, comfy sweaters, pumpkin patches, and our fall event season and classes!

This year, we are thrilled to bring back the second Made in Southern Oregon event, or as we lovingly refer to it as, MISO. We have many brand-new vendors coming to our fall show, and we look forward to seeing all our community members out on Pine Street September 14th.

If you are looking for the biggest party of the year, look no further than our newly annual Hispanic Heritage Celebration on Friday, September 20th. We will have live music, games, and best of all, some of the Rogue Valley's best Hispanic-style food trucks.

We have great fall classes coming your way, including fun craft-making with Sara Rea. Look forward to Gingerbread Houses, Soap Making, and Christmas Wreaths, perfect for your holiday decor. If you are looking for early holiday presents, be sure to check out the earring-making classes with Finding Me Clay Co. Lastly we are happy to welcome Jenny back with amazing fall-themed cooking classes; the Candy Cane Extravaganza is sure to be a great time!

The Community Center, in partnership with Jackson County, is moving along on schedule. We are all working together to finalize the finishing touches and hope to have more updates in the late fall.

CONCEPTUAL PLANS FOR THE CONCESSION STAND!

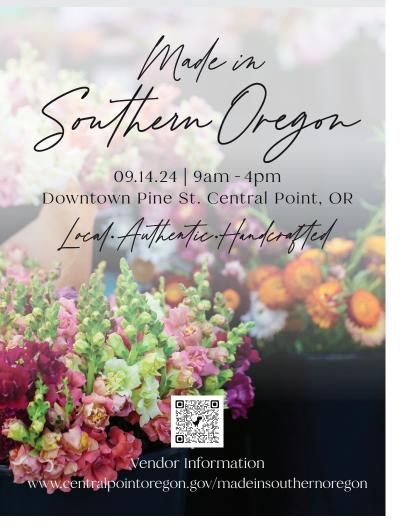




NEW GRADED TOP SOIL FOR HYDROSEED AT THE CPLL FIELDS!

CENTRAL POINT LITTLE LEAGUE UPDATE

The Central Point Little League is buzzing with excitement as construction progresses, and we're thrilled to witness the weekly transformations. With the underground work now completed, we're eagerly anticipating the start of the above-ground construction. The success of these upgrades relies heavily on the support from businesses and community members. We are actively seeking additional sponsorships and offer a variety of levels for both in-kind and monetary contributions. If you're interested in making a lasting impact on the youth in our community and future generations, we would love to discuss how you can be a part of these significant changes!







Benefitting Rogue Valley Lions Club Community Projects We are a 501(c)3 organization; a portion of your ticket purchase is tax deductible.

The 2nd Annual Roque Valley Lions, Harvest Wine Walk, will be held in Historic Downtown Central Point, Friday September 27, 2024 from 4:00 to 7:30 PM.

Participants will be able to sample amazing locally produced wines and artisan foods from some of the Rogue Valley's finest producers, hosted by Downtown Central Point Merchants.

Participants must be at least 21 years of age and able to present valid I.D. A commemorative wine glass and tote bag is included.





Or use the link provided on our website, given above. Your tax deductible ticket purchase benefits Lions Club Community Charities











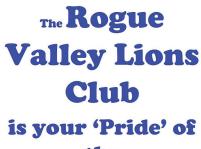












the Valley!

www.roguevalleylions.org

Did you know that Lions Club International is the largest service organization in the world? We aren't an exclusive group, we are inclusive! Come to a meeting. Get to know us and our worthy projects, local and worldwide. Dinner is on us. Meeting information is on our website.

www.roguevalleylions.org



We host the Bi-Annual Downtown Central Point Wine Walk! Ticket information is on our website.





HERITAGE CELEBRATION

20 SEPT.

Twin Creeks Park

........

555 Twin Creeks Xing Central Point, OR **5** PM

★FREE MUSIC & ENTERTAINMENT★

•••••••

LOTERIA * FOOD TRUCKS * BOUNCE HOUSE

*JOVITA ENRIQUEZ *BALLET FOLKLORICO RITMO ALEGRE * COMBUSTION * DJ JUNIOR TAPIA

FOR MORE INFORMATION EMAIL

MARGARITA.ESPARZA@CENTRALPOINTOREGON.GOV

PROUDLY SPONSORED BY



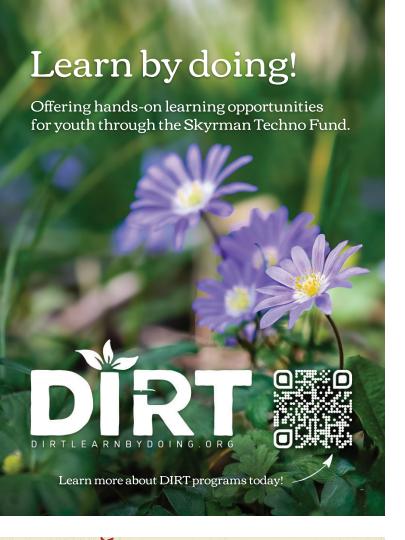




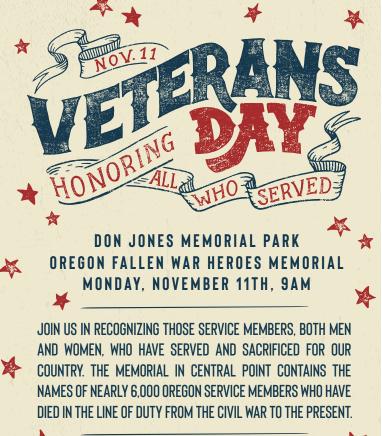


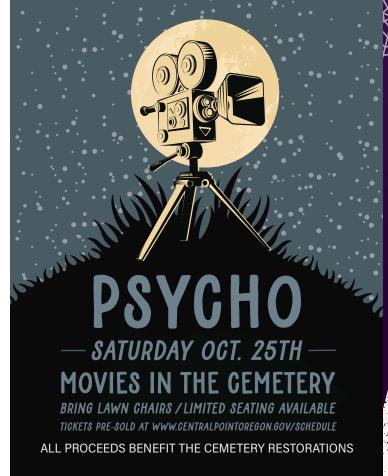


















ROWDY THE RACCOON'S WINTER DAY CAMPS!

Ages 7 - 12

Come spend your winter with Central Point Parks & Recreation! Our seasonal day camps include crafts, outdoor play, STEAM activities, and weeks of fun. Each week features a different theme that will make learning exciting and enjoyable. Join us for a memorable and engaging experience throughout the season!

INSTRUCTORS: Parks & Rec Staff LOC: REC A Building | 405 S. 4th St.

TIME: 8:00am - 4:30pm S1: Christmas Week

Dec. 23rd, 26th, & 27th | M, Th, F | \$99.00

S2: Lego Week

Dec. 30th - Jan. 3rd | M, Tu, Th, Fri | \$132.00*

*No Camp on Jan. 1st

FREE LACROSSE WORKSHOP FREE

■ Ages 7-15

Join our free Lacrosse Workshop to try out the sport before committing to the class! Perfect for beginners, this session covers basic skills, rules, and techniques. All equipment is provided. No experience needed - come and discover the excitement of lacrosse! Instruction will be led by Coach Mark Brown, 16 year Head Coach for SOU and Director of the Rogue Valley Youth Lacrosse Association.

INSTRUCTOR: Mark Brown

LOC: Civic Fields | 555 Twin Creeks Xing

TIME: 3:00pm - 4:30pm

\$1: September 14th | Saturday | Free!



WATERCOLOR BASICS & BEYOND

Ages 7+

Kids, let's paint like real artists! Grab your parents and grandparents and discover the art of basic watercolor skills! You will learn techniques just like real artists use, painting alongside your family. Have fun exploring techniques such as making a color wheel, mastering color mixing, creating watercolor washes using wet-on-wet and wet-on-dry techniques, and then turning your creations into a painting.

INSTRUCTOR: Deanna St. Martin LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 2:00pm - 4:00pm

S1: Sept. 29th | Sunday | \$39.00 **S2:** October 27th | Sunday | \$39.00 **S3:** Nov. 10th | Sunday | \$39.00 **S4:** Dec. 8th | Sunday | \$39.00







INTRODUCTION TO LACROSSE

Ages 7-15

Come play America's first sport, Lacrosse! No experience is needed and equipment will be provided. Over four Saturdays, players will learn the fundamentals, positions, and team concepts of the fastest game on two feet. Instruction will be led by Coach Mark Brown, 16 year Head Coach for SOU and Director of the Rogue Valley Youth Lacrosse Association.

INSTRUCTOR: Mark Brown

LOC: Civic Fields | 555 Twin Creeks Xing

TIME: 3:00pm - 4:30pm

\$1: Sept. 21st - Oct. 12th | Sat. | \$55.00

I CAN PLAY GUITAR & UKULELE!

■ Ages 6 -15

This class is perfect for kids who have never picked up a guitar or ukulele before, or for those who have struggled with traditional lessons in the past. With a simple, step-by-step approach, students will be playing recognizable songs on either the guitar or ukulele—it's up to them! Intended for new musicians, and no one is too young to start. This course teaches the most common chords and rhythms in a low-pressure environment, allowing students to play their favorite songs quickly.

INSTRUCTOR: Rogue Music Lessons **LOC:** REC A Classroom | 405 S. 4th St.

TIME: 5:15pm - 6:00pm

\$1: Oct. 7th - Oct. 28th | Mon. | \$66.00

THANKSGIVING APPETIZERS

Ages 8 to 14

In this kids' cooking class, young chefs will create a festive spread of Thanksgiving appetizers, from cranberry brie bites to bacon-wrapped dates. This class will inspire kids to master the art of appetizer-making for the holiday season. We'll teach them essential cooking skills while emphasizing kitchen safety, knife skills, and methods to prevent cross-contamination.

INSTRUCTOR: Jenny Borchard LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:00pm - 8:00pm **S1:** Nov. 15th | Friday | \$45.00



FALL APPLE DINNER WITH DESSERT 🚥

- Ages 8 to 14

In this kids' cooking class, young chefs will learn to make a delicious apple galette and apple cheddar soup. We'll teach them how to prepare a family dinner while emphasizing kitchen safety, knife skills, and methods to prevent cross-contamination. Students will cook the meal in class and receive the recipes to take home, allowing them to recreate the delicious dishes for their families.

INSTRUCTOR: Jenny Borchard LOC: Haskell Rm 21 235 S. Haskell St.

TIME: 5:00pm - 8:00pm \$1: Sept. 20th | Friday | \$45.00

BUNDT CAKE EXTRAVAGANZA 🔤

- Ages 8 to 14

In this kids' cooking class, budding bakers will have a blast creating an assortment of delightful mini bundt cakes. Your kiddos will gain hands-on experience in mixing, pouring, and baking these delicious treats. They'll enjoy the fun of making their own mini cakes and will have the opportunity to share their yummy creations with family and friends. It's a great way for them to learn baking skills while having a delicious time! Plus, they'll get to decorate their cakes with colorful icing and sprinkles, adding their own personal touch.

INSTRUCTOR: Jenny Borchard LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:00pm - 8:00pm \$1: Oct. 11th | Friday | \$45.00







CANDY CANE EXTRAVAGANZA 🕎

Ages 8 to 14 In this kids' holiday cooking class, aspiring chefs will embark on a candy cane extravaganza! This sweet adventure allows kids to mix, pour, and measure as they create candy cane breakfast pastries and cookies. We'll teach your little chef basic baking skills and kitchen safety while making delicious desserts for the entire family. Each participant will receive recipes to take home, so they can showcase their new skills in your kitchen.

INSTRUCTOR: Jenny Borchard LOC: Haskell Rm 2 | 235 S. Haskell St. TIME: 5:00pm - 8:00pm

\$1: Dec. 13th | Friday | \$45.00



BATS

It's all about these flying mammals and their important role in the ecosystem. The program features eight different species of preserved bat specimens as well as bat echolocation sounds. Participants will learn fascinating facts about bat behavior and their crucial role in pest control and pollination. The audience receives instructions on building a bat house and bat coloring pages at the finish. The program focuses on the positive side of bats, aiming to dispel common myths and foster a greater appreciation for these amazing creatures.

INSTRUCTOR: Bugs R Us

LOC: REC A Classroom | 405 S. 4th St.

TIME: 1:00pm - 2:00pm

\$1: Oct. 5th | Saturday | \$9.00

FRUIT POWERED **BATTERY**

Ages 3+

Create a fruit-powered battery using provided materials, including wires, and an LED. Learn about circuitry and the surprising power of fruit in this fun, hands-on class! Participants will discover the science behind how fruit can generate electricity and light up an LED. Each attendee will have the chance to experiment with different types of fruit to see which one produces the most power.

INSTRUCTOR: Bugs R Us

LOC: REC A Classroom | 405 S. 4th St.

TIME: 3:00pm - 4:00pm

\$1: Nov. 23rd | Saturday | \$12.00

Recreation Program Scholarships Available



The Central Point Parks and Recreation Foundation is offering partial scholarships for recreation programs and camps to eligible seniors, youth, and people with disabilities. Applying is easy! Scan the QR Code to get started!





TREES & PLANTS

Explore the GREEN world around us as we learn about the MASSIVE importance of local trees and plants. Examples of LOCAL cones, leaves, and plants are discussed, including the life cycles of many different specimens. Discover fascinating facts about how these plants contribute to our ecosystem and the various ways they support wildlife. We will be doing a TREE AND PLANT related activity at the end for each visitor to take home! Deepen your appreciation for nature and engage with your community.

INSTRUCTOR: Bugs R Us

LOC: REC A Classroom | 405 S. 4th St.

TIME: 3:00pm - 4:00pm

\$1: December 7th | Saturday | \$9.00







MAGIC WITH A TWIST

_____ Ages 6-14 Step into an interactive and thrilling class where young apprentices will cultivate confidence by exploring and mastering illusion and magic tricks. They will also craft their own balloon animals after a magical showcase. Every child will depart with fresh knowledge of various magic tricks and a personally crafted balloon animal, with all materials provided.

INSTRUCTORS: Delbert & Kathleen Lee LOC: Haskell Rm #2 | 235 S. Haskell St.

TIME: 1:00pm - 3:00pm

\$1: Nov. 30th | Saturday | \$44.00 **S2:** Dec. 28th | Saturday | \$44.00



HALLOWEEN CRAFTING WITH THE PUMPKIN QUEEN 🚥

Ages 3-12

Join the Pumpkin Queen for a fun-filled Halloween crafting session where you can create your very own spooky holiday masterpiece. She will also be available for photo opportunities. All children must be accompanied by an adult.

INSTRUCTOR: Enchanted Experiences LOC: Haskell Rm 2 | 235 S. Haskell St. TIME: 11:00 am - 12:00 pm \$1: Oct. 20th | Sunday | \$31.00

CRAFT TIME

Ages 12+ Unleash your creativity in our festive craft class! Learn various techniques and create beautiful projects, from unique molded soap bars with colorants and exfoliants to winter snow globes with figurines. Make lush winter wreaths with festive ribbons and ornaments, and decorate lasting ceramic gingerbread houses with mini fake candies. Suitable for adults, from beginners to advanced. Join us in a fun and supportive environment!

INSTRUCTOR: Sara Rea

LOC: REC A Classroom | 405 S. 4th St.

TIME: 5:00pm - 6:30pm S1: Soap Making

September 27th | Friday| \$45.00 S2: Gingerbread House November 15th | Friday | \$45.00 S3: Christmas Wreath

December 6th | Friday | \$45.00

S4: Snow Globe

December 13th | Friday | \$45.00



HOT COCOA & 🚥 **SNOWMEN WITH ANA**

Join Queen Ana to make marshmallow snowmen and craft your own artisanal hot cocoa mix to take home and enjoy or gift for the holidays! She will also offer

photo opportunities. All children must be

accompanied by an adult.

INSTRUCTOR: Enchanted Experiences LOC: Haskell Rm 2 | 235 S. Haskell St. **TIME:** 11:00 am - 12:00 pm

\$1: Nov. 16th | Saturday | \$31.00

CHARM BRACELETS WITH BARBI DOLL 🚥

- Ages 3-12

- Ages 2 - 12

Join Miss Doll to express your creative skills by making your very own charm bracelet that reflects who you are and what you love! Barbi will share a story, and everyone can take photos with her while wearing their custom jewelry, which you get to take home! All children should be accompanied by an adult.

INSTRUCTOR: Enchanted Experiences LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 11:00 am - 12:00 pm

\$1: Sept. 21st | Saturday | \$28.00

PAINTING WITH ACRYLICS

Ages 12+

Unleash your creativity in our vibrant acrylic painting classes! Explore spooky and festive themes as we embrace the holiday spirit. Learn layering techniques, vibrant contrasts, and create your masterpiece to take home. Our skilled instructor will guide you through each step, ensuring a fun and educational experience. Join us for one or multiple sessions, and connect with fellow art enthusiasts in a supportive environment!

INSTRUCTOR: Sara Rea

LOC: REC A Classroom | 405 S. 4th St.

TIME: 5:00pm - 6:30pm

\$1: October 25th | Friday | \$45.00 **\$2:** November 22nd | Friday | \$45.00



Embrace autumn with apple picking, scenic drives, cozy bonfires, and festive activities to create lasting memories. Share your fall adventures on social media and tag us @greenparkscp.

ATTEND A LOCAL FALL
EVENT, SEE PAGES 6-9





VISIT A LOCAL FARM OR PUMPKIN PATCH

Date Completed____



Date Completed_____

Date Completed.



Date Completed___



Date Completed___



MAKE A LEAF PILE AND JUMP IN IT

Date Completed_



GO ON A HIKE TO SEE THE **CHANGING LEAVES**

Date Completed_

HAVE A PICNIC AT A **CENTRAL POINT PARK**

Date Completed_



Turn in your completed bucket list to parks@centralpointoregon.gov for a chance to win a special prize!

Ingredients

- 2 CUPS ALL PURPOSE FLOUR
- · 2 TSP BAKING POWDER
- · ITSP BAKING SODA
- · ITSP SALT
- · ITSP CUNNAMON
- · 3 TSP PUMPKUN PIE SPICE
- · I CUP OIL
- · 4 EGGS, LARGE
- I CUP BROWN SUGAR
- I CUP SUGAR
- 15 OUNCES PUMPKIN PUREE
- 2 TSP VANILLA EXTRACT

Perfect Treat to Welcome Autumn!



1. PREHEAT THE OVEN TO 350°F.
LÜNE A 12-CUP MUFFÜN PAN
WITH CUPCAKE LÜNERS



IN A LARGE BOWL, MIX THE DRY UNGREDIENTS TOGETHER.







POUR THE DRY
UNGREDIENTS UNTO THE
WET UNGREDIENTS ONE
CUP AT A TIME. WHISK
UNTIL COMPLETELY
COMBUNED. DO NOT
OVERMIX!



Recipe Courtery of Jenry Borchard CHECK OUT HER UPCOMING COOKING CLASSES ON PAGES 13 & 19



LEARNING TO PLAY PICKLEBALL

This is an introduction to the very popular, addicting and health enhancing sport of Pickle ball. This class is intended for folks who feel they are stuck at beginner status, or folks who are total newbies. You will learn the rules, basic strategies, and be introduced to others who are interested in playing Pickleball.

INSTRUCTOR: Joel Heller

\$1: Sept. 10th & Sept. 17th | Tues. | \$40.00

5:30pm - 7:15pm | Don Jones Park **S2:** Sept. 12th & Sept. 19th | Thurs. |

\$40.00

8:45am -10:30am | Bohnert Farm Park

S3: Oct. 1st & Oct. 8th | Tues. | \$40.00

5:30pm - 7:15pm | Don Jones Park

\$4: Nov. 5th & Nov. 12th | Tues. | \$40.00

5:15pm - 7:00pm | Don Jones Park

\$5: Nov. 7th & Nov. 14th | Thurs. | \$40.00 9:00am -10:45am | Bohnert Farm Park

SENIOR STRENGTH & MOBILITY FREE

Ages 50+

Join us for a morning of stretching and mobility training with Margie. Margie is a Personal Trainer and is certified by the American Council for Exercise. She specializes in specific exercises & mobility training for seniors. This free class is sponsored by Central Point Parks and Recreation. Class is limited. No Pre-Registration: First to come, first to exercise.

INSTRUCTOR: Margie Krakow

LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 9:30am - 10:30am

\$1: Sept. 9th - Dec. 16th | Mondays | Free!

S2: Sept. 12th - Dec. 19th* | Thursdays | Free! *No Class on November 28th



ADVANCED PICKLEBALL

Have you already played pickleball and are now seeking opportunities to engage with others? Join our Advanced Pickleball class to expand your skills and enjoy playing against fellow enthusiasts. This class offers the chance to learn new techniques, refine your abilities, and participate in friendly matches with others.

INSTRUCTOR: Joel Heller LOCATION: Bohnert Farm Park TIME: 9:00am - 10:45am

\$1: Oct. 3rd & Oct. 10th | Thursdays | \$40.00







PEDIATRIC CPR & FIRST AID

This is a hybrid training course with part one online. In this class you will learn the steps and procedures of dealing with medical/ injury emergencies and how to perform CPR/AED. Part two will be in person where skills will be practiced and certification cards will be given. After signing up, this class becomes non-refundable, due to the purchase of the online portion of the class in each participant's name. Please bring your completion certificate to the in person hands on session.

INSTRUCTOR: First Response LLC LOC: REC A Classroom | 405 S. 4th St.

TIME: 6:00pm - 7:00pm

\$1: Sept. 17th | Tuesday | \$60.00 **\$2:** Oct. 29th | Tuesday | \$60.00 \$3: Nov. 26th | Tuesday | \$60.00

YOGA BASIC

Ages 16+

Using a breath-centered approach, we work towards calming the mind, developing core strength, enhancing flexibility, and improving balance. Props are used to modify the practice, making it accessible to all. A certain level of mobility is required. Please bring a yoga mat, yoga blanket, and water.

INSTRUCTOR: Barbara Deurwaarder LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 3:30pm - 4:30pm

\$1: Sept. 9th - Oct. 14th | Mon. | \$75.00 **\$2:** Nov. 4th - Dec. 16th | Mon. | \$75.00*

*No class on Nov. 25th

YOGA **ALIGNMENT & FLOW**

Join our breath-centered yoga class focusing on calming the mind, building endurance, strength, & flexibility. Experience flow yoga with salutations, sequences & poses, some will be intermediate & with a focus on alignment principles.

INSTRUCTOR: Barbara Deurwaarder LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 5:00pm - 6:00pm

\$1: Sept. 9th - Oct. 14th | Mon. | \$75.00 \$2: Nov. 4th - Dec. 16th | Mon. | \$75.00*

*No class on Nov. 25th

BEGINNING QIGONG AND TAI CHI

____ Ages 16+

Learn techniques to enhance balance, coordination, memory, and relaxation through guided practice of QiGong and Tai Chi forms. This class will incorporate a variety of slow movements, visualization, breath work, and self-massage. Practice can be done seated or standing.

INSTRUCTOR: Carolyn Wolf

LOC: REC A Classroom | 405 S. 4th St.

TIME: 10:00am - 11:00am

\$1: Oct. 4th - Dec. 20th | Fridays | \$83.00*

*No class on November 29th

LEARN TO DANCE CUMBIA

Originating from Colombia, Cumbia is a lively and rhythmic dance style that combines African, Latin, and Spanish influences. This class is designed for dancers of all levels, from beginners to seasoned dancers looking to add a new style to their repertoire. No experience or partner needed!

INSTRUCTORS: Derrik & Maria Coghill LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 6:30pm - 7:30pm

S1: Sept. 11th - Oct. 2nd | Wed. | \$40.00

LEARN TO DANCE MERENGUE

Ages 14+

Embark on a rhythmic journey with our 'Magnetic Merengue' dance class! Known for its lively beats and vibrant movements, this dynamic class will teach you the fundamental steps, turns, and partnering techniques that define this captivating style. You'll have the chance to immerse yourself in the infectious energy of merengue. No partner or prior experience is needed!

INSTRUCTORS: Derrik & Maria Coghill LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 6:30pm - 7:30pm

\$1: Oct. 9th - Oct 30th | Wed. | \$40.00

LEARN TO DANCE SWING

--- Ages 14+

Swing, a beloved dance style since the 1920s, eagerly awaits your discovery, and we're thrilled to introduce it to you! Throughout this class series, you'll delve into the fundamentals of swing, explore entertaining variations, and gain the confidence to improvise your own moves. No partner or prior experience is required, making this the perfect opportunity for anyone interested in learning this vibrant dance form.

INSTRUCTORS: Derrik & Maria Coghill LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 6:30pm - 7:30pm

\$1: Nov. 6th - Nov. 20th | Wed. | \$30.00

RESORATIVE YOGA

Relax this holiday season with a stress-free hour dedicated just for you! After a brief yoga movement session, we'll move into easy-to-sustain poses that help you achieve deep composure and release as your breath guides you further into relaxation. Please bring a mat and a small blanket or towel to class.

INSTRUCTOR: Kathryn Reppond LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 10:30am - 11:30am

\$1: Dec. 3rd - Dec. 17th | Tues. | \$38.00







HIP-HOP DANCE ROUTINE

NEW!
Ages 14+

Get ready to move and groove in our exciting Beginner-Friendly Routine Class! During this series, you will learn a short routine that introduces you to hip-hop movement, enhances your coordination, and helps develop your personal style and flair. We will break down each step, making it easy to follow along and build your confidence on the dance floor. This class will take place at the Evergreen Ballroom, which has plenty of space for us to explore hip-hop choreography. You'll also have the opportunity to connect with fellow dancers and share in the fun.

INSTRUCTORS: Derrik & Maria Coghill

LOC: Evergreen Ballroom TIME: 5:30pm - 6:30pm

\$1: Sept. 14th - Sept. 28th | Sat. | \$30.00 **\$2:** Oct. 5th - Oct. 26th | Sat. | \$40.00 **\$3:** Nov. 2nd - Nov. 23rd | Sat. | \$40.00

PILATES MOVEMENT

lges 16+

Build awareness through movement linked with breath as you train core muscles. Exercises utilize the building blocks of core strengthening, balance, flexibility, alignment and stamina. Please bring a mat and a small blanket or towel to class.

INSTRUCTOR: Kathryn Reppond LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 11:45am - 12:45pm

\$1: Sept. 10th - Oct. 15th | Tues. | \$75.00 **\$2:** Sept. 11th - Oct. 16th | Wed. | \$75.00

S3: Oct. 22nd - Nov. 26th | Tues. | \$75.00

S4: Oct. 23rd - Nov. 27th | Wed. | \$75.00

\$5: Dec. 3rd - Dec. 17th | Tues. | \$38.00

\$6: Dec. 4th - Dec. 18th | Wed. | \$38.00

SPIRAL YOGA

- Ages 16+

It's yoga with a twist! Find out how to offset aging and increase your flexibility. In this class, you'll learn how making slight adjustments to your posture and alignment can make a big difference to your ease and range of movement. Exercises include stretching combined with isometrics, fascia releases, breathing facilitation, and mindfulness approaches. Please bring a mat and a small blanket or towel to class.

INSTRUCTOR: Kathryn Reppond LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 10:30am - 11:30am

\$1: Sept. 11th - Oct. 16th | Wed. | \$75.00 **\$2:** Oct. 23rd - Nov. 27th | Wed. | \$75.00

YOGA AS WE AGE

Ages 50+

A rejuvenating class that focuses on gentle stretches, flexibility-enhancing poses, and energizing breathing exercises. This class is designed to improve your flexibility, increase relaxation, and boost your overall well-being. Perfect for all levels, experience a calming and invigorating session that revitalizes both body and mind. Please bring a mat or towel.

INSTRUCTOR: Kathryn Reppond LOC: Haskell Rm 3 | 235 S. Haskell St.

TIME: 10:30am - 11:30am

\$1: Sept. 10th - Oct. 15th | Tues. | \$75.00 **\$2:** Oct. 22nd - Nov. 26th | Tues. | \$75.00



BEGINNER GUITAR & UKULELE

This is the perfect class for anyone who has never picked up a guitar or ukulele before, or for anyone who has struggled with traditional lessons in the past. With this simple, step-by-step approach, you'll be playing recognizable songs with either the guitar or ukulele—it's up to you! Intended for new musicians, and no one is too old to start.

INSTRUCTOR: Rogue Music Lessons LOC: REC A Classroom | 405 S. 4th St.

TIME: 6:15pm - 7:00pm

\$1: Oct. 7th - Oct. 28th | Mondays | \$66.00

UKULELE FOR THE AGELESS

- Ages 55+

Discover the joy of playing the ukulele in a fun and supportive class for new musicians. Learn your favorite songs in a low-pressure environment. Bring your own ukulele or use one of our provided rentals at no extra cost.

INSTRUCTOR: Roque Music Lessons LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 4:15pm - 5:00pm

\$1: Oct. 7th - Oct. 28th | Mondays | \$66.00

BASIC DOG TRAINING

Build relationship and basic skills with your dog in this entry level manners class using positive reinforcement. Dogs must be a minimum of 6 months old, socially stable around people and other dogs, and up to date on vaccinations to attend class. This class is not appropriate for dogs who are reactive to people or dogs.

INSTRUCTOR: Go Rogue Dog Training

LOC: Twin Creeks Bandshell TIME: 5:30pm - 6:30pm

\$1: Sept. 18th - Oct. 9th | Wed. | \$110.00 \$2: Oct. 16th - Nov. 6th | Wed. | \$110.00

SOCIAL **SECURITY TIMING FREE!**



Ages 62+

GETTHE MOST OUT OF SOCIAL SECURITY. Reserve your seat today. Did you know Social Security elections choices can sometimes vary by \$100,000? This class will educate you on how benefits are determined, how insolvency is expected to affect society, spousal and survivor benefits and taxes in retirement. Gain knowledge on impact to income by electing early or delaying.

INSTRUCTORS: Futurity First

LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:00pm - 7:00pm

\$1: Sept. 19th | Thursday | Free







MEDICARE 101

Ages 62+

Learn about Medicare - Reserve your seat today! Turning 65, retiring or need to learn about how new legislation in 2025 will affect you? This educational class will help you gain an understanding of Medicare Parts A,B,C and prescription drug coverage. Recognize the difference of traditional Medicare and Medicare Advantage. This class will explain how Medicare works with workplace group coverage, VA services, and retiree plans.

INSTRUCTORS: Futurity First

LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:00pm - 7:00pm

\$1: Sept. 17th | Tuesday | Free

MEDICARE ADVANTAGE 101

Ages 62+

The Medicare Annual Election Period is from 10/15 to 12/7. This class will explain how Medicare Advantage works and how new legislation affects the prescription drug plan. Whether you have a Medicare Advantage plan or are considering switching from original Medicare and a supplement, you'll learn how all the parts work together and understand your rights. This is an educational class; plan specifics will not be covered.

INSTRUCTORS: Futurity First

LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:30pm - 7:30pm

\$1: October 22nd | Tuesday | Free

ACTIVE, RESERVE, & VETERAN BENEFITS

Ages 62+

Join us for a beginner-level class designed to help you unlock the benefits available to you as an Active, Reserve, or Veteran Status Military Service Member. Participants who bring laptops will receive hands-on guidance on how to apply for benefits online, sign into their VA accounts, and navigate both the medical and benefits sections of www.va.gov. Don't miss this opportunity to simplify your access to valuable resources and support!

INSTRUCTORS: Lyn Sheperd

LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 6:00pm - 8:00pm \$1: Sept. 9th | Monday | Free S2: Dec. 30th | Monday | Free



SUGAR COOKIE DECORATING

Ages 12+ w/ an Adult

No experience necessary! Learn to decorate with royal icing while creating fun themed cookies that will wow your family and friends! We will decorate 5-6 cookies and learn creative techniques. Come prepared to have fun! All materials provided including recipes.

INSTRUCTOR: Marne Borecki

LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 6:00pm - 8:00pm

S1: Fair Time!

Sept. 26th | Thursday | \$55.00

S2: Halloween Fun

Oct. 24th | Thursday | \$55.00

S3: Build a ScarecrowNov. 14th | Thursday | \$55.00

S4: Christmas Classics

December 12th | Thursday | \$55.00

\$5: Christmas Classics

Dec. 21st | Sat. 3:00pm - 5:00pm | \$55.00





HANDCRAFTED CARD MAKING CLASS Ages 12+

Who doesn't adore the joy of receiving a beautiful handmade card? Just in time for the holidays, join us to master the art of card-making using rubber stamps, punches, dies, and exquisite premium paper. All necessary supplies will be provided to craft three charming alloccasion or special event cards.

INSTRUCTOR: Emily Stout

LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 2:00pm - 4:00pm

\$1: Sept. 21st | Saturday | \$20.00 \$2: Oct. 26th | Saturday | \$20.00 \$3: Nov. 9th | Saturday | \$20.00 \$4: Nov. 23rd | Saturday | \$20.00 \$5: Dec. 14th | Saturday | \$20.00

ALL ABOUT ROYAL ICING

Ages 16+

Join us for a hands-on session where we'll create different consistencies needed for your cookie art! We'll decorate some simple designs together, and you'll leave with icing to continue your practice at home. This is NOT a decorating class, but you will have cookies to decorate with your icing.

INSTRUCTOR: Marne Borecki

LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 12:00pm - 3:00pm \$1: Sept. 14th | Sat. | \$77.00

CRICUT FOR BEGINNERS

• Ages 10+

Join our beginner's class to learn Cricut Maker or Explore machines and create personalized crafts! You'll make custom pot holders, a fall banner, and a winter night light. All materials are provided, and no experience is needed. Add a personal touch to your home decor and unleash your creativity!

INSTRUCTOR: Cyndi Weeks

LOC: Haskell Rm 2 | 235 S. Haskell St.

PRICE: \$32.00 \$1: Fall Paper Sign

Oct. 5th | Saturday | 1:00pm - 3:00pm

S2: Thanksgiving Pot Holders:

Oct. 26th | Saturday | 11:00am - 1:00pm

S3: Christmas Night Light:

Nov. 16th | Saturday | 1:00pm - 3:00pm

CUPCAKE DECORATING

- Ages 10+

No experience necessary! Learn to decorate cupcakes with bakery-style buttercream frosting. You'll decorate half a dozen cupcakes in class, with all materials provided. Perfect for ages 10 & up, with an adult.

INSTRUCTOR: Hannah Anderson LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:00pm - 7:00pm

S1: Fall Fun | Sept. 13th | Fri. | \$55.00

S2: Day of the Dead | Oct. 4th | Fri. | \$55.00

S3: Halloween | Oct. 25th | Fri. | \$55.00

S4: Thanksgiving | Nov. 22nd | Fri. | \$55.00

S5: Christmas | Dec. 20th | Fri. | \$55.00

ASSEMBLING EARRINGS WITH FINDING ME CLAY CO

Ages 15+
Join our earring assembly class and
discover the art of creating your own
stunning accessories. In this 1 hour long
session, you'll combine premade pieces to
craft two unique pairs of earrings. Choose
from a wide array of shapes, colors, and
designs, and personalize your creations
with various charms and embellishments.
Unleash your creativity and adorn yourself
with handmade elegance!

INSTRUCTOR: Madison Schulze LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:30pm - 6:30pm

\$1: Sept. 27th | Friday | \$39.00 **\$2:** Oct. 18th | Friday | \$39.00 **\$3:** Dec. 6th | Friday | \$39.00



CREATING CLAY EARRINGSWITH FINDING ME CLAY CO

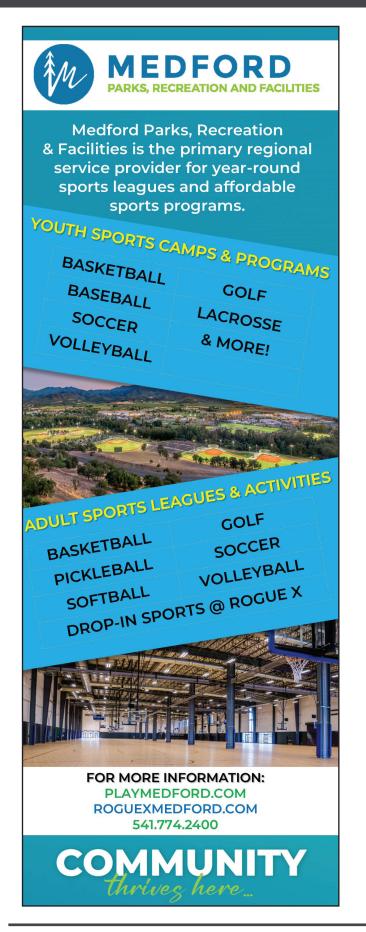
Ages 15+

Begin by working with clay, choosing from a variety of pre-mixed colors or mixing your own for a custom look. Explore different textures and patterns with paint to add a personal touch to your creation. While your clay earrings cure for one hour, enjoy socializing and assembling a pair from premade pieces. After curing, you'll clean, drill, and assemble your clay earrings to take home. Join us for a fulfilling 2 hour experience of artistic expression and camaraderie!

INSTRUCTOR: Madison Schulze LOC: Haskell Rm 2 | 235 S. Haskell St.

TIME: 1:00pm - 3:00pm

\$1: Sept. 28th | Saturday | \$50.00 \$2: Oct. 19th | Saturday | \$50.00 \$3: Dec. 7th | Saturday | \$50.00











Central Point Parks & Recreation Commission

Meeting Schedule

The Parks and Recreation Commission advises the City Council on matters relating to parks and recreation activities. There are seven members on this commission and they meet on a quarterly basis. Please call ahead to see if the meeting will be held in-person or online, depending on current COVID-19 guidelines.

City Council Chambers

140 S. 3rd Street | First Floor

Thursdays at 6:00pm **Upcoming Dates:**

> August 15th November 7th

Please contact the Parks and Recreation Department to confirm meeting dates.

541.664.3321 ext 130



City of Central Point Administrative Boards

City Manager

Chris Clayton

Parks & Recreation Staff

Matt Samitore Director

Dave Jacob Park Planner

Nikki Petersen Recreation Manager

Elizabeth Blodgett Special Events & Marketing

Benjamin Horton Recreation Program Coordinator

Margarita Esparza Recreation Specialist

Parks Maintenance Staff

Mike McClenathan PW Operations Manager

Corey Qualls Mitchell Reagles

Tib Murillo

Wil Bateman Chris Painter

Parks & Recreation Commission

Patricia Alvarez, Chair Fran Cordeiro-Settell Steph Hendrickson Ron Woodhead Eden Foster Deanna Casey Connie Moczygemba

Central Point City

Mayor Hank Williams Ward I Neil Olsen

Ward II Kelley Johnson

Ward III

Melody

Ward IV Taneea

At-Large Mike Parsons

At-Large Rob Hernandez

















La registración está abierta para todos los residentes de Central Point y no-residentes (cualquier persona localizada fuera del código postal 97502). Todas las registraciones son aceptadas por orden de llegada. Registrate Pronto; muchas clases se llenan rápido. Las clases pueden ser canceladas si no se llega a el mínimo numero de participantes.

En Línea: www.centralpointoregon.gov/schedule

Puedes navegar las listas de programas por tipo de actividad y/o localización, registrarte y pagar en línea. Para registrarte en línea necesitas crear una cuenta y pagar con tarjeta Visa o MasterCard. Para crear una cuenta, haz click en la sección "Log In/Create Account".

Por Teléfono: 541-664-3321 ext. 130

Puedes llamar al Departamento de Parques y Recreación de Lunes a Viernes de 8:30 a 4:30 pm para asistencia en crear tu cuenta o registrarte para clases recreacionales. Ten listo el nombre de la clase(s), fecha(s), y tu número de tarjeta.

ESPAÑOL- PROGRAMAS DE OTOÑO



CELEBRACIÓN DE LA HERENCIA HISPANA

Acompáñanos a ser parte de este gran Visita las mesas de evento familiar. información de organizaciones locales. Vendedores de artículos artesanales y puestos de comida. Juegos de lotería con premios para los ganadores. Música y entretenimiento con presentaciones de Jovita Enríquez (música de Mariachi), Ballet Folklorico Ritmo Alegre, DJ Junior y su robot de luces, jy la banda local de rock en español Combustión! Trae tu silla y tu vestimenta tradicional, y prepárate para disfrutar de una tarde colorida llena de música y diversión. Si te gustaría ser vendedor o voluntario en este evento comunícate con Margarita Esparza al 541-664-3321 ext. 201.

Fecha: Vier 20 Sept. **Hora:** 5:00 pm - 9:00 pm

Lugar: Twin Creeks Park I 555 Twin Creeks

COMO PODER Comprar una casa

En esta clase, enseñaremos los pasos esenciales para comprar una casa, desde la planificación financiera y la preparación de documentos hasta la organización de negocios para calificar para una hipoteca. También exploraremos opciones de asistencia financiera para el pago inicial y cómo aprovecharlas al máximo. Con presentaciones informativas y discusiones interactivas, nuestro objetivo es empoderar a los asistentes para que tomen decisiones informadas en su camino hacia la propiedad de una vivienda.

Instructor: Werner Constanza **Hora:** 6:30pm - 8:30pm

Lugar: 235 S Haskell St. | Room #2 Sesión 1: Sept 24 Martes | \$7.00 Sesión 2: Oct 8 Martes | \$7.00

Sesión 3: Oct 29 Martes | \$7.00 Sesión 4: Nov 12 Martes | \$7.00 Sesión 5: Nov 19 Martes | \$7.00



CLASES DE BAILE

Aprende a bailar Cumbia, Merengue, Hip-Hop o Swing con nuestros instructores Derrik y Maria Coghill. No necesitas experiencia, solo ganas de aprender y una buena actitud. Las clases de Cumbia, Merengue y Swing se impartirán en 235 S Haskell St., Room #3: Cumbia los lunes (11 sept-2 oct), Merengue los miércoles (9 oct-30 oct), y Swing los miércoles (6 nov-20 nov), todas de 6:30pm a 7:30pm. Las clases de Hip-Hop serán en el Evergreen Ballroom los sábados, de 5:30pm a 6:30pm (14 sept-28 sept, 5 oct-26 oct, 2 nov-23 nov). Cada sesión cuesta \$40. jÚnete y disfruta bailando con nosotros!

EDAD 14+

MADE IN SOUTHERN OREGON Sábado 14 de Septiembre

Made in Southern Oregon se creó para resaltar a todos los maravillosos creadores del sur de Oregon. Desde arte, artículos de cuero, carpintería, soldadura, alimentos, bebidas, agricultura, joyería y mucho más, jhay algo para todos! Si eres un vendedor de artesanías o comida en el sur de Oregón y te gustaría participar, jdanos una llamada!



HERENCIA HISPANA

CITY OF CENTRAL POINT

........

20 SEPT.

Twin Creeks Park

555 Twin Creeks Xing Central Point, OR **5** PM

★MÚSICA Y ENTRETENIMIENTO GRATUITOS

•••••••

★LOTERIA ★ BRINCOLINES ★ COMIDA ★

*JOVITA ENRIQUEZ *BALLET FOLKLORICO RITMO ALEGRE * COMBUSTION * DJ JUNIOR TAPIA

Para más información, envía un correo electrónico a MARGARITA.ESPARZA@CENTRALPOINTOREGON.GOV

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YOU'RE INVITED TO A

MEDICARE ADVANTAGE FAIR

Confused about Medicare Advantage?

Are you in the right Medicare plan for you? Medicare's Annual Election Period runs from Oct. 15 through Dec. 7. During this time, you can make changes to your current coverage.

This fair is your opportunity to shop all of the different Medicare Advantage plans in one location and attend a breakout session on how Medicare Advantage works.

Tuesday, October 8th • 9 A.M. – 3 P.M.

Medford Armory, 1701 S Pacific HWY • Medford, OR 541.973.2100 x1



Breakout Sessions Every Hour From 10 AM - 2 PM

— For more information visit — MedicareMadeForYou.org















For accommodations of persons with special needs at meetings, call 541.973.2100, TTY: 711. Futurity First is not connected with or endorsed by the United States government or the federal Medicare program. We do not offer every plan available in your area. Currently we represent 7 organizations which offer 31 products in your area. You can always contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with plan choices.

